

# The Hardest Word

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Improver  
编舞者: Terry Mchugh (UK)  
音乐: Sorry Seems to Be the Hardest Word - Blue



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## RIGHT SAILOR STEP, STEP FORWARD LEFT, ½ TURN RIGHT, ROCK & COASTER STEP

1&2      Step right behind left step left to left side, step right beside left  
3-4      Step forward on left, swivel both feet ½ turn right  
5-6      Rock forward on left rock back on right  
7&8      Step back on left, step right beside left step forward on left

## RONDE ¼ LEFT, CROSS SHUFFLE RIGHT, LEFT, RIGHT LEFT & RIGHT ROCKS, SYNCOPATED VINE RIGHT

1-2      Sweep right foot round & across left at same time, turn ¼ left on left  
3&4      Cross shuffle right, left, right  
5-6      Rock left on to left, rock right on to right  
7&8      Step left behind right, step right to right side, cross left over right

## ½ TURN LEFT, FULL TURN LEFT, TWO SIDE MAMBOS

1-2      Step forward on right with ½ turn left  
3-4      Step forward on right with ½ turn left step back on left with ½ turn left  
5&6      Step right over left step back on left, step right beside left.(traveling back slightly)  
7&8      Step left over right step back on right step left beside right.(traveling back slightly)

## SIDE CLOSE SHUFFLE RIGHT, CROSS ROCK LEFT OVER RIGHT, LONG STEP LEFT, SLIDE RIGHT TO LEFT

1-2      Step right to right side, step left beside right  
3&4      Shuffle right (right, left, right)  
5-6      Rock left over right rock back on right  
7-8      Take long step to left on left slide right to beside left

**REPEAT**

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