

# Hard To Stop A Train

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Norman Gifford (USA)  
音乐: Hard To Stop A Train - Eddie Bush



## STEP, LOCK, STEP, BRUSH, PIVOT TURN ½ RIGHT, SHUFFLE STEPS FORWARD

1-4      Right step forward, left lock behind right, right step forward, left brush  
5-6      Left step forward, pivot turn ½ right  
7&8      Shuffle steps forward (left-right-left) (6:00)

## STEP, LOCK, STEP, BRUSH, ROCK STEP, REPLACE, SHUFFLE STEPS TURNING ½ LEFT

1-4      Right step forward, left lock behind right, right step forward, left brush  
5-6      Left rock-step forward, right replace back  
7&8      Shuffle steps turning ½ left (left-right-left) (12:00)

## GRAPEVINE RIGHT, BRUSH, CROSSOVER, REPLACE, SHUFFLE STEPS TURNING ¼ LEFT

1-4      Right step side, left behind, right step side, left brush across right  
5-6      Left crossover, right replace  
7&8      Shuffle steps turning ¼ left (left-right-left) (9:00)

## CROSS-LOCK STEPS LEFT OBLIQUE, RONDE, ROCK-STEP, REPLACE, TURNING ¼ LEFT LONG STEP TO SIDE, DRAW TOGETHER

1-2      Right crossover, left lock behind right moving left oblique  
3-4      Right crossover oblique, left wide sweep forward  
5-6      Left rock-step forward, right replace  
7-8      Turn ¼ left with a long step to the side, right draw slowly together (6:00)

## CROSSOVER, STEP BACK, STEP SIDE, CROSSOVER, STEP BACK, STEP SIDE, CROSSOVER, HOLD

1-3      Right crossover, left step moving back, right step side  
4-6      Left crossover, right step moving back, left step side  
7-8      Right crossover forward, hold

## ROCK FORWARD, REPLACE BACK, SHUFFLE STEPS TURNING ¾ LEFT, ROCK-STEP, REPLACE, STEP BACK WITH DRAW

1-2      Left rock-step forward, right replace back  
3&4      Left triple step turn ¾ left (left-right-left) (9:00)  
5-6      Right rock-step forward, left replace  
7-8      Right large step back, slowly draw left together

## COASTER STEP, HOLD, SCISSOR STEP, HOLD

1-4      Left step back, right together, left step forward, hold  
5-8      Right step side, left step back, right crossover, hold

## LEFT FOOT MONTEREY TURNS ¼ LEFT, RIGHT TOUCH TOGETHER ON LAST COUNT

1-2      Left touch side, bring left together turning ¼ left onto left foot  
3-4      Right touch side, right step together (6:00)  
5-6      Left touch side, bring left together turning ¼ left onto left foot  
7-8      Right touch side, right touch together (3:00)

**REPEAT**

**TAG**

**Do only after second wall (facing 6:00) when dancing to "It's Hard to Stop a Train"**

**NORMAL MONTEREY TURNS ½ RIGHT**

- 1-2 Right touch side, bring right together turning ½ right onto right foot
  - 3-4 Left touch side, left step together (12:00)
  - 5-6 Right touch side, bring right together turning ½ right onto right foot
  - 7-8 Left touch side, left step together (6:00)
  - & Right touch together
-