

Hard To Say Goodbye

COPPER KNOB
BY SHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: William Sevone (UK) - April 2003
音乐: The Long Goodbye - Ronan Keating : (CD: Destination)



Choreographers note:- Easier options have been included within the last section of this dance. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts after 32 counts with the Piano sound - ONE COUNT BEFORE THE VOCALS

2x Cross-Bwd-Triple Sway. (12:00)

1 - 2 Cross left over right. Step backwards onto right.
3& 4 Step left to left side-swaying body, sway onto right, sway onto left.
5 - 6 Cross right over left. Step backward onto left.
7& 8 Step right to right side-swaying body, sway onto left, sway onto right.

1/2 Side. Rock. Recover-Together-Cross. Side. 1/2 Side. Side Mambo. (12:00)

9 - 10 Turn 1/2 left & step left to left side (6). Rock right over left.
11& 12 Recover onto left, step right next to left, cross left over right.
13 - 14 Step right to right side. Turn 1/2 left & step left to left side (12).
15& 16 Rock right over left, recover onto left, step right next to left.

Scuff. 1/4 Right Fwd. Fwd Lockstep. Rock. Rec. 1/2 Left Fwd Lockstep. (9:00)

17 - 18 Scuff left forward. Turn 1/4 right & step left forward (3).
19& 20 Step forward onto right, lock left behind right, step forward onto right.
21 - 22 Rock forward onto left. Recover onto right.
23& 24 Turn 1/2 left & step forward onto left (9), lock right behind left, step forward onto left.

2x Double Sway-Sailor. (9:00)

25 - 26 Step right to right side-swaying body. Sway onto left.
27& 28 Step right behind left, step left to left side, step right to right side.
29 - 30 Step left to left side-swaying body. Sway onto right.
31& 32 Step left behind right, step right to right side, step left to left side.

RESTART: NEW WALL at this point: READ BELOW - IMPORTANT:

Wall 4: Count 32 (facing 6:00) - TOUCH left to left side.

Wall 5: Counts 31&32 (facing 3:00) - Repeat 2x with 'TOUCH'

1/4 Bwd. 1/4 Fwd. Fwd Full Spin. Rock. Rec. Side Full & 1/4 Spin. (12:00)

33 - 34 Turn 1/4 right & step backward onto right (12). Turn 1/4 right & step forward onto left (3).
Dance note: Count 34; As you step forward turn body diagonally right-ready for the next step combination.
35& 36 (moving forward) Full turn right stepping: R.L, then stepping forward onto right (3).
Option: Counts 35& 36: Step forward onto right , lock left behind right, step forward onto right .
37 - 38 Rock forward onto left. Recover onto right.
39& 40 (moving to left) Full turn and a 1/4 left stepping: L.R, then stepping forward onto left (12)
Option: Counts 39& 40: Turn 1/4 left & step forward onto left, lock right behind left, step forward onto left.

Rock. Rock. Behind-Together-Cross. Sway. Sway. Behind-1/4 Right Side-Scuff. (3:00)

41 - 42 Rock right across left. Recover onto left.
43& 44 Step right behind left, step left next to right, cross right over left.
45 - 46 Step left to left side-swaying body. Sway onto right.
47& 48 Step left behind right, turn 1/4 right & step right to right side, scuff left forward (3).

DANCE FINISH: On count 48 of wall 6 you will be facing 6:00. Add the following AFTER count 48 for a 'normal' finish:

With left foot still raised, turn ½ right and step left diagonally forward right. (Hold as music and vocal fades – long fade).

or

Optional full ending:

1 - 2 With left foot still raised, turn ½ right and step left diagonally forward right. Step right diagonally left

3 - 4 Step left diagonally forward right. Step right diagonally left

5 - 6 (wrap/hold arms) Sway onto: Left. Right

7 - 8 (wrap/hold arms) Sway onto: Left. Right

9 - 10 Turn ¼ left & step left to left side. Turn ¼ left & step right diagonally forward left (6).

11 - 12 Step left diagonally forward right. Step right diagonally forward left.

13 - 14 Turn ½ left & step backward onto left . Step right to right side – swaying body

15 - 16 (wrap/hold arms) Sway onto: Left. Right

17 - 18 (wrap/hold arms) Sway onto: Left. Right

19 - 20 (wrap/hold arms) Sway onto: Left. Right

Continue as music and vocals finish.

Last Revision - 27th December 2011
