

Hard Road

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Hard Road To Go - The Sweethearts Of The Rodeo



SIDE ROCK, ROCK, CROSS SHUFFLE, PIVOT ½ RIGHT SHUFFLE FORWARD

1-2 Rock right to right side, rock left to left side
3&4 Cross step right over left, step left to left side, cross step right over left
5-6 Step forward onto left, pivot ½ right
7&8 Step forward onto left, step right next to left step left forward

HEEL BALL CROSS, HEEL BALL CROSS, KICK, KICK, BEHIND STEP ¼, STEP

9&10 Touch right heel forward diagonally right, step ball of right next to left, step left across in front of right
11&12 Touch right heel forward diagonally right step ball of right next to left, step left across in front of right

Counts 9-12: these steps are traveling to the right

13-14 Kick right forward diagonally right, kick right forward diagonally right
15&16 Step right behind left, turn ¼ left & step left forward, step right forward

2X ROCK FORWARD-ROCK BACKWARD-COASTER STEP

17-18 Rock forward onto left, rock back onto right
19&20 Step back onto left, step right next to left step forward onto left
21-22 Step forward onto right, step back onto left
23&24 Step back onto right, step left next to right step forward onto right

ROCK, ROCK, BEHIND, STEP ¼, STEP, FORWARD, BACKWARD, ½ RIGHT SHUFFLE FORWARD

25-26 Step left to left side, step right to right side
27&28 Step left behind right, turn ¼ right & step forward onto right, step forward onto left
29-30 Step forward onto right, step back onto left
31&32 Turn ½ right & step forward onto right, step left next to right, step forward onto right

STOMP, HOLD, SAILOR STEP, BEHIND, ¼ RIGHT, ½ RIGHT TRIPLE

33-34 Stomp left to left side, hold, (push hands slightly away from both sides of body, palms facing floor,)
35&36 Step right behind left, step left to left side, step right to right side
37-38 Step left behind right, turn ¼ right & step forward onto right
39&40 (On the spot) turn ½ right stepping - left-right-left

ROCK BACKWARD, ROCK FORWARD, HEEL BALL STEP, STOMP, BOUNCE, ½ TURN BOUNCE, ¼ TURN BOUNCE

41-42 Rock back onto right, rock forward onto left
43&44 Touch right heel forward, step right next to left, step forward onto left
45&46 Stomp right forward, lift both heels, drop both heels

Counts &46 - keep right in front of left, hands out to sides, palms down

&47 Lift both heels & turn ¼ left, drop both heels
&48 Lift both heels & turn ¼ left, drop both heels

Counts &47&48: - heel bounces - left ends in front of right

ROCK BACKWARD, ROCK FORWARD, FORWARD, PIVOT ¼ RIGHT CROSS-STEPS, CROSS-STEPS

49-50 Rock back onto left, rock forward onto right
51-52 Step forward onto left, pivot ¼ right (weight onto right)

53&54 Step left across in front of right, step right to right side, step left in place
55&56 Step right across in front of left, step left to left side, step right in place

ROCK FORWARD, ROCK BACKWARD, COASTER STEP, 2X FORWARD-PIVOT ½ LEFT

57-58 Rock forward onto left, rock back onto right
59&60 Step back onto left, step right next to left step forward onto left
61-62 Step forward onto right, pivot ½ left
63-64 Step forward onto right, pivot ½ left

REPEAT

TAG

End of 2nd wall, facing front

2X ROCK FORWARD-ROCK BACKWARD-COASTER STEP

1-2 Step forward onto right, step back onto left
3&4 Step back onto right, step left next to right step forward onto right
5-6 Rock forward onto left, rock back onto right
7&8 Step back onto left, step right next to left, step forward onto left

DANCE FINISH

Dance first 4 counts of dance, then step forward onto left, pivot ½ to front, step left forward, step right next to left
