

Happy Feet

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Rick Walsh (USA)
音乐: Dance the Night Away - The Mavericks



FORWARD SHUFFLES

1&2 Shuffle forward left, right, left
3&4 Shuffle forward right, left, right

MAMBO STEPS

5 (Keeping right foot in place) step left to left side
& Rock (shift weight) onto right foot
6 Step left beside right
7 (Keeping left foot in place) step right to right side
& Rock (shift weight) onto left foot
8 Step right beside left

FORWARD SHUFFLE, MAMBO STEP

9&10 Shuffle forward left, right, left
11 (Keeping left foot in place) step right to right side
& Rock (shift weight) onto left foot
12 Step right beside left

MAMBO STEP, MONTEREY ½ TURN

13 (Keeping right foot in place) step left to left side
& Rock (shift weight) onto right foot
14 Step left beside right
15 Touch right toe to right side
16 (On ball of right) pivot ½ turn right stepping right beside left

LINDY LEFT, ROCK STEP

17&18 (Traveling side left) shuffle left, right, left
19 (Keeping left in place) step back onto right
20 Rock forward onto left

LINDY RIGHT, ROCK STEP

21&22 (Traveling side right) shuffle right, left, right
23 (Keeping right in place) step back onto left
24 Rock forward onto right

SYNCOPATED TOE POINTS

25 Touch left toe to left side
26 Hold
27 Cross step left over right
28 Hold
29 Touch right toe to right side
30 Hold
31 Cross step right over left
32 Hold

ROCK STEP, SHUFFLE ½ TURN

- 33 (Keeping right in place) step forward on left
34 Rock (shift weight) back onto right
35&36 Turning ½ turn left, shuffle left, right, left

TOE-HEEL STRUTS

- 37 Step forward on ball of right
38 Drop right heel down
39 Step forward on ball of left
40 Drop left heel down
41 Step forward on ball of right
42 Drop right heel down
43 Step forward on ball of left
44 Drop left heel down

ROCK STEP, ¼ TURN

- 45 (Keeping left in place) step forward on right
46 Rock back onto left
47 Step right foot back turning ¼ turn right
48 Touch left next to right

LINDY LEFT, ROCK STEP

- 49&50 (Traveling side left) shuffle left, right, left
51 (Keeping left in place) step back onto right
52 Rock (shift weight) forward onto left

LINDY RIGHT, ROCK STEP

- 53&54 (Traveling side right) shuffle right, left, right
55 (Keeping right in place) step back onto left
56 Rock (shift weight) forward onto right

FULL TURN, FORWARD SHUFFLE

- 57 (On ball of right) pivot ½ turn right stepping back onto left foot
58 (On ball of left) pivot ½ turn right stepping forward onto right foot
59&60 Shuffle forward left, right, left

MONTEREY ½ TURN, HEEL-TOE TOUCH

- 61 Touch right toe to right side
62 (On ball of left) pivot ½ turn right stepping right beside left
63 Touch left heel forward
64 Touch left toe back

REPEAT
