

拍数: 64 墙数: 4 级数: Intermediate west coast swing

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音乐: Hicktown - Jason Aldean



WALK RIGHT, LEFT SIDE BALL CHANGE; WALK LEFT, RIGHT SIDE BALL CHANGE

1-2&3-4 Step forward right, left & step right to right, rock onto left, step right slightly forward 5-6&7-8 Step forward left, right & step left to left, rock onto right, step left slightly forward

STEP/ROCK RIGHT, BACK ON LEFT & ½ TURN OVER RIGHT, WALK FORWARD RIGHT, LEFT, RIGHT, STEP LEFT, ½ PIVOT, & ROCK BACK, ROCK FORWARD, ROCK BACK

1-2&3-4 Rock forward right, rock back on left, & turning ½ over right, step forward right, walk left, right

5-6&7-8 Step forward left, ½ pivot, & rock back onto left, forward on right, back on left

CROSS, SIDE, BALL CROSS, SIDE, KNEE POPS

1-2&3-4 Step right across left, step left to side, & step right behind, step left across right, step right to

right

5-6-7&8 With legs slightly apart pop left knee in, right knee in, hold & left knee, right knee

STEP POINT, BEHIND SIDE CROSS & CROSS, POINT RIGHT, RIGHT SAILOR

1-2-3&4 Step forward right, point left to left, step left behind, right to side, left across

&5-6-7&8& Step right to right side, step left across right, point right to right, right behind, left side, step

right forward

ROCK FORWARD, ¾ TRIPLE OVER LEFT, ½ PIVOT, ½ TURNING SHUFFLE

1-2-3&4 Rock forward left, rock back on right, turning ¾ over left step left, right, left

5-6-7&8 Step forward right, ½ pivot left, continue into ½ turning shuffle right-left-right to left

ROCK BACK, REPLACE, KICK BALL STEP, HEEL SWITCHES

1-2-3&4 Rock back on left, replace right, kick left, step left together, step right slightly forward (ball

step)

5&6&7-8& Touch left heel at left 45, step left together & touch right heel to right 45, step right together,

touch left heel forward twice, step left together

Restart from here on walls 2 and 6

ROCK FORWARD 1/2 TURN TRIPLE, HEEL SWITCHES, STOMPS FORWARD ON LEFT

1-2-3&4 Rock forward on right, replace left, turning ½ over right, triple step right, left, right

Touch left heel at left 45, step left together & touch right heel to right 45, step right together

(to left 45 moving left foot slightly forward) stomp left up twice then stomp left with weight

ROCK RIGHT ACROSS, SIDE SHUFFLE RIGHT, RIGHT FORWARD LEFT 1& ½ TURN TRIPLE

1-2-3&4 Rock right across left to l45, side shuffle to right, right, left, right

5-6-7&8 Rock forward left, rock back on right, & turning 1 ½ (option ½) over right, triple step left, right,

left

REPEAT

RESTART

Restart during wall 2, and wall 6 after 48 counts

ENDING

Music fades out to a false finish at 3:25 which is a good place to finish the dance. If you feel the need to dance the whole song out (5:06), just keep dancing at the same tempo during the pause and you'll get to the