

Hey, Mambo!

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Liam Hrycan (UK)
音乐: Mambo Italiano - Shaft



LEFT SIDE STEP, HIP BUMPS (LEFT,RIGHT), LEFT SYNCOPATED WEAVE, LEFT SIDE ROCK/RECOVER (¼-RIGHT), TRIPLE STEP FORWARD (½-RIGHT)

- 1 Step left foot to left side
- 2-3 Bump hips left, bump hips right (keeping weight on left leg)
- 4&5 Step right foot behind left, step left foot to left side, step right foot over left
- 6-7 Rock left foot to left side, recover weight onto right foot a ¼ turn right
- 8&1 Triple step ½ turn right traveling forward, stepping - left, right, left

RIGHT STOMP BEHIND/LEFT STOMP FORWARD (POSE!), HOLD, (½-LEFT) RIGHT SIDE TOE TOUCH, RIGHT SYNCOPATED JAZZBOX, LEFT STEP OVER

- 2 Stomp right foot behind left (3rd position - right instep to left heel, connection)
- 3 Stomp left foot forward (extended 5th position - right toe to left heel, no connection)
- On count 3 - as you stomp, bend left knee and twist upper body to the right slightly (torque) to prepare you for the quick half turn on count 5**
- 4 Hold position
- 5 Make a quick half turn left on ball of left foot and touch right toe out to right side
- 6&7 Cross step right foot over left, step left foot slightly back, step right foot to right side
- 8 Step left foot over right

RIGHT SIDE STEP WITH HIP BUMPS (RIGHT,LEFT), RIGHT STEP FORWARD, LEFT LOCK SHUFFLE FORWARD, RIGHT FORWARD ROCK/RECOVER, TRIPLE STEP BACK (½-RIGHT)

- 1-2 Step right foot to right side and bump hips right, bump hips left
- 3 Step right foot forward
- 4&5 Step left foot forward, lock step right foot behind left, step left foot forward
- 6-7 Rock right foot forward, recover weight back onto left foot
- 8&1 Triple step ½ turn right traveling backwards, stepping - right, left, right

FULL TURN FORWARD (LEFT,RIGHT), LEFT SIDE STEP, RIGHT BACK ROCK/RECOVER, RIGHT SIDE/(&) LEFT TOGETHER, RIGHT KICK/OUT-OUT (RIGHT,LEFT)

- 2 Make a ½ turn right on ball of right foot and step left foot back
- 3 Make a ½ turn right on ball of left foot and step right foot forward
- 4 Step left foot to left side
- 5-6 Rock right foot back, recover weight onto left foot
- 7& Step right foot to right side, step left foot to place beside right
- 8& Kick right foot forward, step right foot diagonally back to right side

REPEAT
