

Hey, Just A Minute

拍数: 32 墙数: 2 级数: Intermediate
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音乐: I Like It, I Love It - Tim McGraw



FORWARD WALK, KICK, TOE TOUCH, KICK, STEP BACK, TOE TOUCH

- 1-2 Step forward on right foot; step forward on left foot
- 3-4 Step forward on right foot; kick left foot forward
- 5-6 Touch left toe back; kick left foot forward
- 7-8 Step back on left foot; touch right foot back

VINE RIGHT WITH ¼ TURN TO THE RIGHT, STEP OUT, HEEL/TOE SWIVELS, SIDE TOUCH, TOGETHER

- 9-10 Step to the right on right foot; cross left foot behind right and step
- 11-12 Step a ¼ turn to the right on right foot; step to the left on left foot about shoulder width apart from right
- 13-14 With weight on balls of both feet, swivel heels inward; with weight on heels of both feet, swivel toes inward and shift weight to left foot
- 15-16 Touch right toe to the right; step right foot next to left

VINE LEFT WITH ¼ TURN TO THE LEFT, STOMP, SWIVETS

- 17-18 Step to the left on left foot; cross right foot behind left and step
- 19-20 Step a ¼ turn to the left on left foot; stomp heel of right foot next to left
- 21-22 With weight on heel of right foot and ball of left foot, swivel right toe to the right and left heel to the left; swivel right toe and left heel to center
- 23-24 With weight on heel of left foot and ball of right foot, swivel left toe to the left and right heel to the right; swivel left toe and right heel to center, shift weight to left foot

FORWARD STEP, KICK, STEP BACK, PIVOT, TO THE LEFT MILITARY PIVOTS

- 25-26 Step forward on right foot; kick left foot forward
- 27-28 Step back on ball of left foot; pivot ½ turn to the left on balls of both feet and shift weight to left foot
- 29-30 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
- 31-32 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

REPEAT
