

Hey, Macarena!

拍数: 50 墙数: 0 级数:
编舞者: Matthew Jacobs (AUS)
音乐: Macarena - The GrooveGrass Boyz



- 1-2 Touch right heel forward, touch right heel to right side,
3&4 Step back right-left, step forward right (coaster step)
5-6 Touch left heel forward, touch left heel to left side,
7&8 Step back left-right, step forward left (coaster step)
- 9-12 Touch right heel forward, touch right heel to right side, touch right toes back, turn ½ turn to right, touch right heel forward
13-14 Touch right toes across in front of left, step right turning ¼ turn to right.
15-18 Touch left heel forward, touch left toes back, touch left heel forward, step back on left.
19-22 Touch right heel forward, touch right heel to right side, touch right toes back, turn ½ turn to right, touch right heel forward
- 23-24 Touch right toes across in front of left, step forward on right (taking weight on right)
25-28 Touch left heel forward, touch left heel to left side, touch left toes back, turn ½ turn left, touch left heel forward
29-30 Touch left toes across in front of right, step forward on left.
31&32 Step right to right side, step left to right, step right to right side,
33&34 Step left to left side, step right to left, step left to left side.
- 35-38 Rolling to right side, step right-left, step right with ¼ turn to right, step forward left.
39-42 Touch right heel forward, touch right toes back, touch right heel forward twice.
43-46 Step back right, step back left, step back right, touch left to right with clap.
47-50 Touch left heel forward, touch left toes back, turn ½ turn to left, touch left toes across in front of right, step forward left.

REPEAT

This dance does not start until the vocals (37 second introduction) to finish the dance, you will be rolling, just roll to face the front, instead of the new wall.