

# Hey Mambo

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: BM Leong (MY)  
音乐: Mambo Italiano - Bette Midler



## SIDE ROCK, FORWARD MAMBO, SIDE ROCK, SAILOR-CROSS

1-2      Rock right to right side swaying hips right, recover onto left swaying hips left  
3&4      Step right forward, recover onto left, step right beside left  
5-6      Rock left to left side, recover onto right  
7&8      Cross left behind right, step right to right side, cross left over right

## KICK, BACK, KICK, BACK, COASTER STEPS, FORWARD SHUFFLE

1-2      Kick right forward to right diagonal, step right back  
3-4      Kick left forward to left diagonal, step left back  
5&6      Step right back, step left beside right, step right forward  
7&8      Step left forward, step right beside left, step left forward

## STEP, ¼ TURN LEFT, CROSS SHUFFLE, SWIVEL LEFT ON HEELS/TOES/HEELS/TOES

1-2      Step right forward, ¼ turn left shifting weight onto left  
3&4      Cross shuffle on right-left-right  
5-6      Step left to left side twisting heels left, twist toes left  
7-8      Twist heels left, twist toes left

## CROSS MAMBO TWICE, RIGHT HIP BUMPS TWICE, LEFT HIP BUMPS TWICE

1&2      Cross right over left, recover onto left, step right to right side  
3&4      Cross left over right, recover onto right, step left to left side  
5-6      Bump hips to right side twice  
7-8      Bump hips to left side twice

## REPEAT

## TAG

### At the end of wall 5

1-3      Twist to right side on heels, toes, heels, hold  
5-8      Twist to left side on heels, toes, heels, hold

## RESTART

Restart during wall 8 after 16 counts

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