

Hey Mambo

拍数: 32 墙数: 1 级数: Improver
编舞者: Ben Summerell (AUS)
音乐: Mambo Italiano - Shaft



STEP, STEP, SHUFFLE, SHUFFLE, FORWARD, ¼ TURN

1-2 Step right forward, step left forward
3&4 Shuffle forward right, left, right
5&6 Shuffle forward left, right, left
7-8 Step right forward, ¼ turn left taking weight onto left

CROSS SHUFFLE, ¼ SHUFFLE, ¼ SHUFFLE, ¾ SHUFFLE

1&2 Cross shuffle to left side right, left, right
3&4 ¼ turn left shuffle forward left, right, left
5&6 ¼ turn left shuffle to right side right, left, right
7&8 ¾ turn left shuffle forward left, right, left

FORWARD, ½ TURN, FORWARD, BACK, ½ TURN, FORWARD, ½ TURN, FORWARD

1-2 Step forward right, ½ turn left stepping left forward
3-4 Step forward right, rock back onto left
5-6 ½ turn right stepping forward on right, step forward onto left
7-8 ½ turn right stepping forward on right, step forward onto left

SYNCOPATED EXTENDED VINE WITH TURNS

1-2 ¼ turn left stepping right to right side, step left behind right
3-4 ¼ turn right stepping forward onto right, turning ½ turn right step back on left
5-6 ¼ turn right stepping right to right side, step left across right
7-8 Turning ¼ turn left step back on right, turning ½ turn left step forward on left

REPEAT
