

# Hey Hey (Now We're Rockin')

COPPER KNOB  
STEP SHEETS

拍数: 64      墙数: 2      级数: Intermediate/Advanced  
编舞者: William Sevone (UK)  
音乐: Rockin' At The Hey Hey - Roy Rogers



## 'DANDY' WALK FORWARD, SYNCOPATED ROCK 'N' STEP

1-4            Saunter forward: right foot, left foot, right foot, left foot  
5&6           Step rock right foot to side, rock back onto left foot, step right foot next to left

## 'DANDY' WALK FORWARD, 2X SYNCOPATED ROCK 'N' STEP

7-10           Saunter forward: left foot, right foot, left foot, right foot  
11&12        Step rock left foot to side, rock back onto right foot, step left foot next to right  
13&14        Step rock right foot to side, rock back onto left foot, step right foot next to left

## 'DANDY' WALK BACKWARD, SYNCOPATED ROCK 'N' STEP

15-18        Saunter backward: left foot, right foot, left foot, right foot  
19&20        Step rock left foot to side, rock back onto right foot, step left foot next to right

## 'DANDY' WALK BACKWARD, 2X SYNCOPATED ROCK 'N' STEP

21-24        Saunter backward: right foot, left foot, right foot, left foot  
25&26        Step rock right foot to side, rock back onto left foot, step right foot next to left  
27&28        Step rock left foot to side, rock back onto right foot, step left foot next to right

## SPLIT STEP, 'MILK THE COW', SAILOR SHUFFLE, ¼ RIGHT ROCK, ROCK

29-30        Step right foot to side, step left foot to side, (feet now shoulder width apart)  
31&           (With knees and arms slightly bent) left arm up, left arm down/right arm up  
32&           Right arm down/left arm up, right arm up/left arm down (like milking a cow)  
33&34        Step left foot behind right, step right foot next to left, step left foot to side (as you step left behind right, left arm up/right arm down)  
35-36        Turning ¼ right on ball of left foot rock back onto right foot, rock forward onto left

## 2X SHUFFLE FORWARD, 2X TOE TOUCH, STEP BEHIND, ½ LEFT

37&38        Step forward onto right foot, step left foot next to right, step forward onto right foot  
39&40        Step forward onto left foot, step right foot next to left, step forward onto left foot  
41-43        Touch right toe forward, touch right toe to side, step right foot behind left  
44            Turn ½ turn left on right foot - stepping onto left foot

## 2X FORWARD BODY ROLLS

45-46        Body roll forward, (weight ending on right foot)  
47-48        Body roll forward, (weight ending on right foot)

## SIDE STEP, SIDE STEP WITH HIP PUSH, HOLD, HIP PUSH, HOLD, 3X HIP PUSHES

49            Step left foot to left side  
50-51        Step right foot to side - pushing hips to right, hold  
52-53        Push hips to left, hold  
54-56        Push hips right, push hips left, push hips right

**Styling note: counts 51-56 as you push your hips to the side, punch your arm up. E.g. Right hips - right arm**

## 2X MODIFIED SAILOR SHUFFLES, HEEL TOUCH, STEP BACK, ¼ LEFT, ROCKS

57&58        Step left foot behind right, step right foot next to left, step left foot forward  
59&60        Step right foot behind left, step left foot next to right, step right foot forward  
61-62        Touch left heel forward, step back onto left foot

63-64

Turning  $\frac{1}{4}$  left on ball of left foot - rock back onto right foot, rock forward onto left

**REPEAT**

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