

# Heroes Among Us

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Peter Giam (SG)  
音乐: Spread a Little Love Around - Darryl Worley



Dedicated To Our Medical Heroes by Bishan East Zone 5 RC Singapore (Saddle Up & Boogie)

## FORWARD SHUFFLE TWICE, SIDE BEHIND SIDE TWICE

1&2      Step right forward, step left together, step right forward  
3&4      Step left forward, step right together, step left forward  
5&6      Step right to right side, step left behind right, step right to right side  
7&8      Step left to left side, step right behind left, step left to left side

## PIVOT ½ TURN LEFT, SHUFFLE ½ TURN LEFT, BACK SHUFFLE, ROCK RECOVER

1-2      Step right forward pivot ½ left, weight on left  
3&4      Right shuffle, stepping right left right making a ½ turn left  
5&6      Step left back, step right together, step left back  
7&8      Rock right back, recover weight on to left

## FULL TURN RIGHT, RIGHT CHASSE, FULL TURN LEFT, LEFT CHASSE

1-2      Turn ¼ right, step right forward, step left forward on ball of left making ¾ turn right  
3&4      Step right to right, step left together, step right to right  
5-6      Turn ¼ left, step left forward, step right forward on ball of right making ¾ turn left  
7&8      Step left to left, step right together, step left to left

## PIVOT ½ TURN LEFT TWICE, JAZZ BOX TURN ¼ RIGHT

1-4      Step right forward making a ½ turn left, step right forward making another ½ turn left  
5-8      Cross right over left, left step back, turn ¼ to right step right to side, step left to left

## REPEAT

To end the dance to face the front wall, when you are doing section 3, instead of left chasse to the left you make a ½ turn left to face the front, stomp right forward, spread your arms apart at waist high, palms facing down.