

# Hero For Tonight

**COPPER** KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Gaye Teather (UK)  
音乐: Just the Guy to Do It - Toby Keith



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## FORWARD ROCK, SHUFFLE HALF TURN RIGHT, STEP, PIVOT HALF RIGHT, SIDE LEFT, HOOK

1-2      Rock forward on right, recover onto left  
3&4      Shuffle half turn right stepping right, left, right (facing 6:00)  
5-6      Step forward on left, pivot half turn right (facing 12:00)  
7-8      Step left to left side, hook right under left knee

## DIAGONAL STEP, TOGETHER, DIAGONAL SHUFFLE FORWARD, CROSS, QUARTER TURN LEFT, SWAY LEFT, RIGHT

1-2      Step right forward on right diagonal, step left beside right  
3&4      Step right forward on right diagonal, step left beside right, step right forward on right diagonal  
5-6      Cross left over right, straighten up to face 12:00 wall stepping back on right  
7-8      Make quarter turn left stepping left to left side swaying hips left, replace weight onto right swaying hips right (facing 9:00)

## SIDE, BEHIND, SIDE ROCK & CROSS, SIDE, BEHIND & CROSS, SIDE

1-2      Step left to left, cross right behind left  
3&4      Rock left to left, recover onto right, cross left over right  
5-6      Step right to right, cross left behind right  
&7-8      Step right beside left, cross left over right, step right to right

## BACK ROCK, SHUFFLE HALF TURN RIGHT, BACK ROCK, FULL TURN LEFT

1-2      Rock back on left, recover onto right  
3&4      Shuffle half turn right stepping left, right, left (facing 3:00)  
5-6      Rock back on right, recover onto left  
7-8      Make half turn left stepping back on right, make half turn left stepping forward on left (facing 3:00)

### Option:

7-8      Walk forward right, left

## REPEAT

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