

Here In My Arms

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Sharon Hutchinson (UK)
音乐: Here (In Your Arms) - Hellogoodbye



CROSS, POINT, TOGETHER, POINT, MONTEREY ½ TURN, CROSSING SHUFFLE

1-2 Cross right over left, point left to left side
3-4 Close left next to right, point right to right side
5-6 Making ½ turn right close right next to left, point left to left side
7&8 Cross left over right, step right to right side, cross left over right

SIDE ROCK, BEHIND, ¼ TURN, STEP, ROCK RECOVER, COASTER STEP

1-2 Side rock to right side, recover weight onto left
3&4 Cross right behind left, make ¼ turn left stepping forward on left, step forward on right
5-6 Rock forward onto left, recover weight onto right
7&8 Step back on left, close right next to left, step forward on left

ROCK RECOVER, SHUFFLE ½ TURN, FULL TURN, PIVOT ½ TURN

1-2 Rock forward onto right, recover weight onto left
3&4 Shuffle ½ turn to right
5-6 Make ½ turn right stepping back onto left, make ½ turn right stepping forward onto right

Alternative 2 walks forward

7-8 Step forward on left, pivot ½ turn right taking weight onto right

ROCKING CHAIR, SHUFFLE FORWARD, PIVOT ½ TURN

1-2 Rock forward onto left, recover weight onto right
3-4 Rock back on left, recover weight onto right
5&6 Step forward on left, close right next to left, step forward on left
7-8 Step forward on right, pivot ½ turn left taking weight onto left

CROSS, SIDE, TOGETHER, TWIST LEFT, HEELS TOES HEELS TOES TO RIGHT

1-2 Cross right over left, step left to left side
3-4 Close right next to left, twist both heels to left side
5-6 Twist both heels to right bending knees, twist toes to right straightening knees
7-8 Twist both heels to right bending knees, twist toes to right straightening knees

¼ TURN, POINT, BACK, POINT, ¼ TURN, POINT, BACK, TOUCH

1-2 Make ¼ turn right stepping forward on right, point left toe forward
3-4 Step back on left, point right toe back
5-6 Make ¼ turn right stepping forward on right, point left toe forward
7-8 Step back on left, touch right next to left

SIDE ROCK, CROSSING SHUFFLE, ¼ TURN, ½ TURN, PIVOT ¼ TURN

1-2 Side rock to right side, recover weight onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Make ¼ turn right stepping back on left, make ½ turn right stepping forward on right
7-8 Step forward on left, pivot ¼ turn right taking weight onto right

CROSSING SHUFFLE, SIDE ROCK, SAILOR STEP, CROSS POINT

1&2 Cross left over right, step right to right side, cross left over right
3-4 Side rock to right side, recover weight onto left

5&6

Cross right behind left, step left to left side, replace weight onto right

7-8

Cross left over right, point right to right side

REPEAT
