Here In My Arms

级数: Beginner hip hop

编舞者: Signature X

拍数: 32

音乐: Here (In Your Arms) - Hellogoodbye

RIGHT TOUCH, RIGHT STEP, LEFT TOUCH, LEFT STEP, STEP TOUCHES WITH BODY ROLL TWICE

- 1-2 Touch ball of right on the spot next to left, step right on the spot next to left
- 3-4 Touch ball of left on the spot next to right, step left on the spot next to right
- 5-6 Step right to right side, close left next to right
- 7-8 Step left to left side, close right next to left

STEP TOUCHES FORWARD TWICE, GRAPEVINE RIGHT

- 1-2 Step right diagonally to right, close left next to right
- 3-4 Step left diagonally to left, close right next to left
- 5-6 Step right to right side, step left behind right
- 7-8 Step right to right side, step left next to right

STEP TOUCHES BACKWARDS TWICE, GRAPEVINE LEFT

- 1-2 Step left diagonally back to left, close right next to left
- 3-4 Step right diagonally back to right, close left next to right
- 5-6 Step left to left side, step right behind left
- 7-8 Step left to left side, step right next to left

CHASSE RIGHT, CHASSE LEFT ¼ RIGHT, STEP RIGHT, STEP LEFT, TOUCH LEFT, STEP LEFT

- 1&2 Step right to right side, close left next to right, step right to right side
- 3&4 Step left ¼ right turn to left side, close right next to left, step left to left side
- 5-6 Step right next to left, step left next to right
- 7-8 Touch left toe diagonally forward over right, step left next to right

Hands option for counts:

- 1&2 Shoulder shimmy down, up, down
- 3&4 Repeat 1&2
- 5-6 Lift left arms and act like holding the tip of a hat on top of the head, hold
- 7-8 Extend left arm to left side at shoulder level as though throwing a hat off the head

REPEAT





墙数:4