

Here I Am (P)

拍数: 64 墙数: 0 级数: Partner
编舞者: Robert Hocking (UK) & Kathryn Hocking (UK)
音乐: Here I Am - Billy Currington



Position: Facing LOD holding inside hands

MAN

WALK, WALK SHUFFLE TWICE

1-2 Walk forward right, left
3&4 Right shuffle
5-6 Walk forward left, right
7&8 Left shuffle

KICK CROSS, SHUFFLE, ¼ SWAY SHUFFLE ¼ TURN

9-10 Kick right forward, cross right over left
11&12 Left shuffle back
13-14 Step right to right turning ¼ turn to right, sway to right

Facing each other as you sway on count 13-14 holding both hands

15&16 ¼ turn shuffle to right (RLOD)

Releasing man's right hand

PIVOT ½ TURN, CHASSE ¼ TURN, WEAWE

Release hands as you turn rejoining in 2 handed hold

17-18 Step forward on left, pivot ½ turn to right
19&20 Chasse ¼ turn to right (OLOD)
21-24 Cross right over left, step left to left, cross right behind left, step left to left

ROCKING CHAIR, ROCK, SHUFFLE TURN

25-28 Rock forward on right, replace weight onto left, rock back on right, replace weight onto left

29-30 Rock right to right, replace weight onto left

Release man's right hand, lady turning under left finishing in closed western

31&32 Right shuffle ¼ turn to left (LOD)

SHUFFLE, WALK, WALK, SHUFFLE ROCK

33&34 Left shuffle forward
35-36 Walk forward right, left
37&38 Right shuffle forward
39-40 Rock forward on left, replace weight onto right

TRIPLE STEP (LADY SHUFFLE TURN) ROCK

Releasing hands

41&42 Triple step, left, right left
43-44 Rock back on right, replace weight onto left

TRIPLE STEP, (LADY SHUFFLE TURN) WALK, WALK

Raising left hands lady turning under left hands, finishing with hands crossed left on top

45&46 Triple step, right, left right
47-48 Walk forward left, right

SHUFFLE, PIVOT TURN (LADY ROCKS) SHUFFLE, ROCK

49&50 Left shuffle forward (raising left hands man finishing in right hammerlock left hands in front waist height)

51-52 Step right forward, pivot ½ turn left
53&54 Right shuffle forward
55-56 Rock forward on left, replace weight onto right

SHUFFLE ½ TURN, FULL TURN, SHUFFLE, SHUFFLE

Release right hands as you turn

57&58 Left shuffle ½ turn to left, over left shoulder (LOD)

Release left hands on full turn, rejoining inside hands

59-60 Full turn left stepping, right, left

61&62 Right shuffle forward

63&64 Left shuffle forward

REPEAT

LADY

WALK, WALK SHUFFLE TWICE

1-2 Walk forward left, right

3&4 Left shuffle

5-6 Walk forward right, left

7&8 Right shuffle

KICK CROSS, SHUFFLE, ¼ SWAY SHUFFLE ¼ TURN

9-10 Kick left forward, cross left over right

11&12 Right shuffle back

13-14 Step left to left turning ¼ to left, sway to left

Facing each other as you sway on count 13-14 holding both hands

15&16 ¼ turn shuffle to left (RLOD)

Releasing man's right hand

PIVOT ½ TURN, CHASSE ¼ TURN, WEAWE

Release hands as you turn rejoining in 2 handed hold

17-18 Step forward on right pivot ½ turn to left

19&20 Chasse ¼ turn to left (ILOD)

21-24 Cross left behind right, step right to right, cross left in front of right step right to right

ROCKING CHAIR, ROCK, SHUFFLE TURN

25-28 Rock back on left, replace weight onto right, rock forward on left, replace weight onto right

29-30 Rock left to left, replace weight onto right

Release man's right hand, lady turning under left finishing in closed western

31&32 Left shuffle ¾ turn to right (RLOD)

SHUFFLE, WALK, WALK, SHUFFLE ROCK

33&34 Right shuffle back

35-36 Walk back left, right

37&38 Left shuffle back

39-40 Rock back on right, replace weight onto left

TRIPLE STEP (LADY SHUFFLE TURN) ROCK

Releasing hands

41&42 Right shuffle ½ turn to left (into sweetheart)

43-44 Rock back on left, replace weight onto right

TRIPLE STEP, (LADY SHUFFLE TURN) WALK, WALK

Raising left hands lady turning under left hands, finishing with hands crossed left on top

45&46 Left shuffle ½ turn to right (RLOD)

47-48 Walk back right, left

SHUFFLE, PIVOT TURN (LADY ROCKS) SHUFFLE, ROCK

49&50 Right shuffle back

Raising left hands man finishing in right hammerlock left hands in front waist height

51-52 Rock back on left, replace onto right

53&54 Left shuffle forward

55-56 Rock forward on right, replace weight onto left

SHUFFLE ½ TURN, FULL TURN, SHUFFLE, SHUFFLE

Release right hands as you turn

57&58 Right shuffle ½ turn to right, over right shoulder (LOD)

Release left hands on full turn, rejoining inside hands

59-60 Full turn right stepping left, right

61&62 Left shuffle forward

63&64 Right shuffle forward

REPEAT
