

# Hell It Hurts

COPPERKNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: William Sevone (UK)  
音乐: And It Hurts - Heather Myles



## SIDE ROCK, ROCK, ¼ RIGHT TRIPLE STEP, CROSS ROCK, ROCK, ¼ LEFT TRIPLE STEP, (12:00)

1-2            Rock right foot to right side, rock onto left foot  
3&4           (On the spot) turn ¼ right & triple step right-left-right  
5-6           Cross rock left foot over right, rock onto right foot  
7&8           (On the spot) turn ¼ left & triple step left-right-left

## ROCK FORWARD, ROCK, ½ RIGHT FORWARD SHUFFLE, ROCK FORWARD, ROCK, FULL TURN LEFT TRIPLE STEP, (6:00)

9-10           Rock forward onto right foot, rock onto left foot  
11&12        Turn ½ right & step forward onto right foot, close left foot next to right, step forward onto right foot  
13-14        Rock forward onto left, rock onto right foot  
15&16        (On the spot) triple step full turn left stepping left-right-left

## SCUFF FORWARD, ¼ LEFT STEP FORWARD, ½ LEFT COASTER STEP, CROSS TOUCH, SIDE TOUCH, TOGETHER-CROSS-SIDE STEP, (9:00)

17-18        Scuff right foot forward, turn ¼ left & step forward onto right foot  
19&20        Turn ½ left & step backward onto left foot, step right foot next to left, step forward onto left foot  
21-22        Cross touch right toe over left foot, touch right toe to right side  
&23-24       Step right foot next to left, cross step left foot over right, rock/step right foot to right side

## CROSS TOUCH, SIDE TOUCH, TOGETHER-CROSS-SIDE STEP, CROSS TOUCH, ¼ RIGHT STEP FORWARD, ¼ RIGHT CHASSE LEFT, (3:00)

25-26        Cross touch left toe over right foot, touch left toe to left side  
&27-28       Step left foot next to right, cross step right foot over left, rock/step left foot to left side  
29-30        Cross touch right toe over left foot, turn ¼ right & step forward onto right foot  
31&32        Turn ¼ right & step left foot to left side, step right foot next to left, step left foot to left side

## REPEAT

## DANCE FINISH

The dance will finish on count 32 of the 12th wall facing 3:00 during the final fade out of the music. To add a 'flourish', as you perform count 32 'turn upper body & head left-with left hand on hat brim & right hand on right hip'