

Heel-Toe Hustle

拍数: 56
编舞者: Unknown
音乐: Unknown

墙数: 4

级数:



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- 1-4 Right heel touch forward, toe out at 45° right toe touch back, swivel heels (and hips) to right, heels back in place
- 5-8 Left heel touch forward, toe out at 45°, left toe back in place, swivel both heels (and hips) to left, heels back in place
- 9-12 Stomp right foot next to left, stomp right foot next to left, swivel heels to right, heels back in place
- 13-16 Touch right heel forward, touch right toe back, touch right heel forward, pivot ¼ turn to left
- 17-20 Touch right toe back, slide right toe to left, slide right toe over to right, (keep left leg straight on 18-19), scuff right foot forward beside left
- 21-24 Right hook
- 25-28 Swivel both heels to left, heels back in place, step forward on right toe (heel raised), step down on right heel
- 29-32 Step forward on left toe (heel raised), step down on left heel, step forward on right toe (heel raised), step down on right heel
- 33-36 Step forward on left toe (heel raised), step down on left heel, stomp right foot next to left, stomp right foot next to left
- 37-40 Swivel both heels right, heels back in place, heels out, heels together
- 41-44 Toes out, toes together, raise right heel and swivel to right, right heel back in place
- 45-48 Raise left heel and swivel to left, left heel back in place, raise right heel and swivel to right, right heel back in place
- 49-52 Raise left heel and swivel to left, left heel back in place, toes out, toes together
- 53-56 Heels out, heels together, swivel both heels to left, heels back in place

REPEAT
