

Heel Heel

拍数: 34 墙数: 4 级数: Beginner
编舞者: Howard O'Brien (IOM)
音乐: Turn It On, Turn It Up, Turn Me Loose - Dwight Yoakam



HEEL HEEL

- 1-2 Tap right heel slowly forward & to the right twice hillbilly style
3&4 Shuffle right, left, right, on the spot
5-6 Tap left heel slowly forward & to the left twice hillbilly style
7&8 Shuffle left, right, left, on the spot
- 9&10 Shuffle forward right, left, right
11&12 Shuffle forward left, right, left
13&14 Forward coaster step right, left, right
15-18 Sweep foot outwards and behind moving backwards left, right, left, right
19&20 Backward coaster step left, right, left
- 21-24 Weave slowly right, left behind, right, left in front
25-26 Step right $\frac{1}{4}$ turning left weight on to left
27-28 Cross rock forward right across left recover left
29&30 Side rock shuffle right, left, right, on the spot
31-32 Cross rock forward left across right recover right
33&34 Side rock shuffle left, right, left, on the spot

REPEAT
