

Heaven's Above (P)

COPPER **NOB**
STEPSHEETS

拍数: 40 墙数: 0 级数: Partner
编舞者: Lynn Gannon (UK) & Barry Gannon (UK)
音乐: Lord, I Hope This Day Is Good - Lee Ann Womack



Position: Side By Side

CROSS,TURN, STEP, TOUCH, SHUFFLE FORWARD, ROCK STEP

1-2 Cross right over left, step back on left ¼ turn right (OLOD)
3-4 Step back on right, touch left toe back
5&6 Shuffle forward on left-right-left, (man now behind lady)
7-8 Step forward on right, rock back onto left

TRIPLE ½ TURN, ROCK STEP, TRIPLE ¾ TURN, ROCK STEP

1&2 **MAN:** Triple ½ turn right on right, left, right

Lady's left arm over her head now facing man

LADY: Shuffle back on right, left, right

3-4 **MAN:** Step forward left, rock back on right

LADY: Step back on left, rock forward on right

5&6 **MAN:** Triple ¾ turn left on left, right, left

Take lady's left arm over her head

LADY: Triple ¼ turn left on left, right, left

Now back in Side By Side

7-8 **MAN:** Step forward on right, rock back on left

LADY: Step forward on right, rock back on left

SHUFFLE FORWARD, TRIPLE ½ TURN, TRIPLE ½ TURN, ROCK STEP

1&2 Shuffle forward on right, left, right (release left hands)
3&4 Triple ½ turn right on left, right, left
5&6 Triple ½ turn right on right, left, right (rejoin hands)
7-8 Step forward on left, rock back on right

CROSS SIDE BEHIND TOUCH, CROSS SIDE BEHIND & CROSS

&1-2 Step on ball of left, cross right over left, stop left to left
3-4 Step right behind left, touch left-toe to left side
5-6 Cross left over right, step right to right side
7&8 Step left behind right, step right, cross left over right

HEEL, SWITCHES/ SHUFFLE FORWARD

1&2 Touch right heel forward, stop in place on right, touch left heel forward
&3&4 Step in place on left, shuffle forward on right, left, right
5&6 Touch left heel forward, step in place on left, touch right heel forward
&7&8 Step in place with right, shuffle forward on left, right, left

REPEAT