

Heaven Or Misery

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner social cha
编舞者: Norma Jean Fuller (USA)
音乐: Heaven - Los Lonely Boys



WALK-WALK, CHA FORWARD, ½ TURN PIVOT, CHA FORWARD

1-2 Walk forward right in front of left, step left in front of right
3&4 Cha-cha forward right-left-right
5-6 Step forward on left, pivot ½ turn right
7-8 Cha-cha forward left right left

STEP TOGETHER, CHA RIGHT, ROCK RECOVER, CHA LEFT

1-2 Step right on right, step left next to right
3&4 Cha right right-left-right
5-6 Rock left across right, recover weight to right option: right arm up, left arm out
7&8 Cha side left left-right-left

WALK-WALK, TOUCH-STEP BACK, CHA DIAGONAL BACK, HIP BUMPS

1-2 Step forward right in front of left, step left in front of right
3-4 Touch right toe behind left, step back onto right
5&6 Cha back left right left frame facing diagonal left
7&8 Step back diagonal right on right bumping hips back, bump hips forward, bump hips back

STEP, STEP ¼ TURN, CROSS STEP, TOUCH, ELVIS KNEE IN, TOUCH, HIP CIRCLES ½ TURNING LEFT

1-2 Step back on left, step back ¼ turn right on right
3-4 Cross step left over right, point right toe side right
5-6 Bend right knee touching inside left leg (Elvis knee), touch right toe side right
7& Step right very slightly forward, circle hips to the left, turning ¼ turn left
8& Step right very slightly forward, circle hips to the left turning ¼ turn left

REPEAT
