Heaven Bound



拍数: 0 墙数: 4 级数:

编舞者: Ian St. Leon (AUS)

音乐: Heaven Bound (I'm Ready) - Shenandoah



Sequence: ABC, ABC, AB, A (Short Wall), A until the end

SECTION A

LEFT TOE DROP BEHIND RIGHT, RIGHT TOE DROP FORWARD - ¼ TURN RIGHT, LEFT FORWARD, PIVOT ½ RIGHT, TURN ¼ RIGHT - SIDE SHUFFLE

1-2-3-4 Left toe drop behind right foot, ¼ turn right - right toe drop forward

5-6-7&8 Step forward on left, pivot ½ turn right, turn ¼ right - side shuffle left (left, right, left)

RIGHT TOE DROP BEHIND LEFT, LEFT TOE DROP FORWARD - 1/4 TURN LEFT, RIGHT FORWARD, PIVOT ½ LEFT, WALK FORWARD (RIGHT, LEFT)

1-2-3-4 Right toe drop behind left foot, ¼ turn - left toe drop forward 5-6-7-8 Step forward on right, pivot ½ turn left, walk forward (right, left)

FORWARD RIGHT, FULL TURN HOOK, SHUFFLE FORWARD LEFT, SHUFFLE BACK RIGHT, 1/4 TURN LEFT - LEFT TO SIDE, RIGHT TOGETHER

1-2-3&4 Step forward on right, turn full turn as you hook left ankle to right knee, shuffle forward left

(left, right, left)

5&6-7-8 Shuffle back right (right, left, right), turn ¼ left - step left to left side, touch right together

1/4 TURN RIGHT, TOUCH LEFT TOGETHER, 1/2 TURN LEFT, TOUCH RIGHT TOGETHER, 1/4 TURN RIGHT, TOUCH LEFT TOGETHER, 1/2 TURN LEFT TOUCH RIGHT TOGETHER

1-2-3-4 $\frac{1}{4}$ turn right - step right foot forward, touch left together, turn $\frac{1}{2}$ left - step left foot forward,

touch right together

5-6-7-8 ½ turn right - step right foot forward, touch left together, turn ½ left - step left foot forward,

touch right together

SIDE SHUFFLE RIGHT, BACK ON LEFT, FORWARD ON RIGHT, SIDE SHUFFLE LEFT, BACK ON RIGHT, FORWARD ON LEFT

1&2-3-4 Side shuffle to right (right, left, right), rock back on left, rock forward on right 5&6-7-8 Side shuffle to left (left, right, left), rock back on right, rock forward on left

FORWARD RIGHT, PIVOT ½ LEFT, FORWARD RIGHT, PIVOT ½ LEFT, JUMP FEET APART (RIGHT, LEFT), CLAP, JUMP FEET TOGETHER (RIGHT, LEFT), CLAP

1-2-3-4 Step forward on right, pivot $\frac{1}{2}$ left, step forward on right, pivot $\frac{1}{2}$ left &5-6&7-8 Jump feet apart (right, left), clap, jump feet together (right, left), clap

SIDE SHUFFLE RIGHT, BACK ON LEFT, FORWARD ON RIGHT, SIDE SHUFFLE LEFT, BACK ON RIGHT, FORWARD ON LEFT

1&2-3-4 Side shuffle to right (right, left, right), rock back on left, rock forward on right 5&6-7-8 Side shuffle to left (left, right, left), rock back on right, rock forward on left

PIVOT 1/4 LEFT, PIVOT 1/4 LEFT, BOX 1/4 RIGHT, CLAP

1-2-3-4 Step forward on right, pivot ¼ turn left, step forward on right, pivot ¼ left

5-6-7-8 Box step - step right across left, step back on left, turn 1/4 right - step forward on right, clap

SECTION B

1-2 Clap, clap

SECTION C

1-2-3-4	Step forward on left, pivot turn ½ right, step forward on left, pivot ½ turn right
5-6-7-8	Vine to left, scuff right
1-2-3-4	Step forward on right, pivot turn ½ left, step forward on right, pivot ½ turn left
5-6-7-8	Vine to right, touch left together (no weight on left)

SHORT WALL

Dance the first 28 beats, take weight on right leg and restart the dance from beginning.