

Heaven Bound

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Rachel Lawson (AUS)
音乐: Heaven Bound - Shana Petrone



- 1-2 Touch right toe to right side, touch right toe forward
3-4 Touch right toe to right side, half turn right on ball of left foot, step right beside left
5&6 Touch left toe to left side, step left foot back & cross right heel in front of left foot
&7&8 Step back onto right foot & cross left heel in front of right foot, step back onto left, step right forward
- 1-2 Step forward left, pivot $\frac{1}{2}$ turn right (weight on right)
3-4 Full turn left stepping left then right
&5&6 Step left to left side, right to right side, left to center & step right across left
7&8 Wiggle down, wiggle up
- 1-2 Touch right heel forward, touch right heel to side
3-4 Cross right foot behind left foot, unwind $\frac{3}{4}$ turn right (weight on right)
5-6& Step left foot to left 45, step right foot behind, step left foot to left 45
7-8& Step right foot to right 45, step left foot behind, step right foot to right 45
- 1-2 Rock forward onto left foot, rock back onto right foot
3&4 Full turn left stepping left-right-left
5-6 Rock forward onto right foot, rock back onto left foot
7-8 Touch right heel to right side, flick right foot behind left knee

REPEAT

Restart

During pattern 7 - first 10 counts as normal, then $\frac{1}{4}$ turn right onto left foot, tap right next to left, restart facing new wall
