

Heaven

拍数: 32 墙数: 4 级数:
编舞者: David Cheshire (AUS)
音乐: Heaven's What I Feel - Gloria Estefan



SIDE, TOGETHER, FORWARD SHUFFLE, SIDE CROSS ROCK, SIDE STEP

1-2 Touch right foot to right side, slide right next to left
3 Step forward on left
4&5 Shuffle forward right, left, right
6&7 Rock left foot to left side, rock right to right, cross left over right
8 Step right foot to right

CROSS BALL STEP, PIVOT TURN, SIDE CROSS ROCK, SIDE TOUCH STOMP

1&2 Cross left foot over & in front of right foot stepping weight onto ball of left foot, step slightly back on ball of right foot (use this as a power step to push the body forward) step forward on left foot
3-4 Step forward on right & pivot ½ turn left (weight on left)
5&6 Rock right foot to right side, rock left to left, cross right foot in front of left
7-8 Touch left toe to left side, stomp left next to right

BACK, TOUCH, SHUFFLE, PIVOT TURN, HIP BUMPS

1-2 Step back on right foot & touch left toe forward
3&4 Shuffle forward left, right, left
5-6 Step forward on right foot & pivot ½ turn left
&7 Keeping weight on right bump hips forward & back
&8 Repeat &7

KICK BALL TOUCH, PIVOT TURN, STEP HIP BUMPS, TOUCH

1&2 Kick left foot forward, step on ball of left foot & touch right foot next to left
3-4 Step forward on right & pivot ¼ turn left
5&6 Step forward diagonally to right on right, hip bump forward & back, touch left foot next to right
7&8 Step forward diagonally to left on left, hip bump forward & back, touch right foot next to left

REPEAT
