

Heathers Bop

拍数: 48 墙数: 2 级数: Intermediate
编舞者: The Rancheros (UK)
音乐: Bop Bop Baby (Almighty Radio Edit) - Westlife



RIGHT STEP LOCK STEP, LEFT STEP LOCK STEP, ROCK STEP, ½ TURN RIGHT SHUFFLE

1&2 Right step lock step, stepping right, left, right (with attitude)
3&4 Left step lock step, stepping left, right, left (with attitude)
5-6 Rock forward on right, weight back on to left
7&8 Make a ½ turn right stepping right, left, right

STEP ¾ TURN, LEFT SHUFFLE, KICK-BALL-TOUCH & TOUCH, TOUCH

9-10 Make a ¾ turn right stepping left, right
11&12 Step forward on left foot, step right foot next to left, step forward on left foot
13&14 Kick right foot forward, step in place and touch left out to left side
&15-16 Step left in place and touch right out to right side twice

RIGHT SAILOR STEP, ROCK STEP, BACK LOCK STEP, ½ TURN RIGHT, STEP

17&18 Step right behind left, step left to left side, step right next to left
19-20 Rock forward on left foot, weight back on right
21&22 Step back on left, lock right over left, step back on left
23-24 Make ½ turn right on right foot, step left to left side

HIP BUMPS, CHASSE RIGHT, CROSS ROCK, ¼ TURN LEFT SHUFFLE

25&26 Bump hips left, right, left
27&28 Chasse right stepping right to the right side, left next to right, right to the right side
29-30 Rock forward on left, weight back on right
31&32 Make a ¼ left shuffle stepping left, right, left

KICK-BALL-TOUCH & TOUCH ½ TURN, LEFT SIDE MAMBO, SKATE RIGHT, LEFT

33&34 Kick right foot forward, step in place and touch left out to left side
&35 Step left in place and touch right out to right side
36 Make a ½ turn right, stepping right in place
37&38 Rock left out to left side, weight back on right, step left in place
39-40 Skate right, left

RIGHT STEP LOCK STEP, LEFT MAMBO, RIGHT BACK LOCK STEP, HALF TURN LEFT, SCUFF RIGHT

41&42 Right step lock step
43&44 Left mambo forward
45&46 Right back lock step stepping right, left, right
47-48 Make a ½ turn left on the left foot, scuff right next to left

REPEAT

On wall 7 dance up to count 44 then restart the dance from the beginning
The music fades during the track Bop Bop Baby. Just keep dancing.