

Heat Me Up

COPPER KNOB
BY STEPHEN METZ

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Norman Dery (CAN)
音乐: Heat Me Up - B.Z.N.



Sequence: ABC, AA, BB, D, ABC, AA, BB, DE, DE, B, TAG

PART A

1&2 Left foot forward, right x behind left foot, left foot forward
3&4 Right foot forward, left foot x behind right foot, right foot forward
5-6-7-8 Left foot forward 1/8 turn left, right foot to right side 1/8 turn left, left foot forward ¼ turn left, right foot next to left foot

1&2 Left foot forward, right x behind left foot, left foot forward
3&4 Right foot forward, left foot x behind right foot, right foot forward
5-6-7-8 Left foot forward 1/8 turn left, right foot to right side 1/8 turn left, left foot forward ¼ turn left, right foot next to left foot

PART B

1&2 Left foot to left side, right foot next to left, left foot in place
3&4 Right foot to right side, left foot next to right, right foot in place
5-6-7-8 Left foot forward, right foot in place, left foot rear, right foot next to left

PART C

1&2 Left foot to left side, right foot next to left, left foot in place
3&4 Right foot to right side, left foot next to right, right foot in place
5-6-7-8 Left foot forward, right foot in place, left foot rear, right foot next to left

1&2 Left foot forward 1/8 turn left, right foot to right side, left foot forward 1/8 turn left
&3& Right foot to right side, left foot forward 1/8 turn left, right foot to right side
4-5& Left foot forward 1/8 turn left, right foot kick forward, right foot next to left
6-7-8 Left foot in place, right foot to right side, right foot in place

1&2 Left foot forward 1/8 turn left, right foot to right side, left foot forward 1/8 turn left
&3& Right foot to right side, left foot forward 1/8 turn left, right foot to right side
4-5& Left foot forward 1/8 turn left, right foot kick forward, right foot next to left
6-7-8 Left foot in place, right foot to right side, right foot in place

PART D

1&2 Left foot forward, right foot to right side, left foot in place
3&4 Right foot forward, left foot to left side, right foot in place
5&6 Left foot forward, right foot to right side, left foot in place
7&8 Right foot forward, left foot forward, right foot in place ½ turn right

PART E

1&2 Left foot forward, right foot to right side, left foot in place
3&4 Right foot forward, left foot to left side, right foot in place
5-6-7-8 Left foot forward, right foot next to left, left foot rear, right foot next to left foot

TAG

1&2-3-4 Left foot to left side, right foot next to left, left foot in place, right foot to right side, left foot next to right, right foot in place ½ turn left

FINALE

On count 56, don't turn left. Just point right foot to right side
