

# Heat Me Up

**COPPER** KNOB  
BY STEPHENETS

拍数: 0                      墙数: 2                      级数: Intermediate  
编舞者: Norman Dery (CAN)  
音乐: Heat Me Up - B.Z.N.



Sequence: ABC, AA, BB, D, ABC, AA, BB, DE, DE, B, TAG

## PART A

1&2                      Left foot forward, right x behind left foot, left foot forward  
3&4                      Right foot forward, left foot x behind right foot, right foot forward  
5-6-7-8                  Left foot forward 1/8 turn left, right foot to right side 1/8 turn left, left foot forward ¼ turn left, right foot next to left foot

1&2                      Left foot forward, right x behind left foot, left foot forward  
3&4                      Right foot forward, left foot x behind right foot, right foot forward  
5-6-7-8                  Left foot forward 1/8 turn left, right foot to right side 1/8 turn left, left foot forward ¼ turn left, right foot next to left foot

## PART B

1&2                      Left foot to left side, right foot next to left, left foot in place  
3&4                      Right foot to right side, left foot next to right, right foot in place  
5-6-7-8                  Left foot forward, right foot in place, left foot rear, right foot next to left

## PART C

1&2                      Left foot to left side, right foot next to left, left foot in place  
3&4                      Right foot to right side, left foot next to right, right foot in place  
5-6-7-8                  Left foot forward, right foot in place, left foot rear, right foot next to left

1&2                      Left foot forward 1/8 turn left, right foot to right side, left foot forward 1/8 turn left  
&3&                      Right foot to right side, left foot forward 1/8 turn left, right foot to right side  
4-5&                      Left foot forward 1/8 turn left, right foot kick forward, right foot next to left  
6-7-8                      Left foot in place, right foot to right side, right foot in place

1&2                      Left foot forward 1/8 turn left, right foot to right side, left foot forward 1/8 turn left  
&3&                      Right foot to right side, left foot forward 1/8 turn left, right foot to right side  
4-5&                      Left foot forward 1/8 turn left, right foot kick forward, right foot next to left  
6-7-8                      Left foot in place, right foot to right side, right foot in place

## PART D

1&2                      Left foot forward, right foot to right side, left foot in place  
3&4                      Right foot forward, left foot to left side, right foot in place  
5&6                      Left foot forward, right foot to right side, left foot in place  
7&8                      Right foot forward, left foot forward, right foot in place ½ turn right

## PART E

1&2                      Left foot forward, right foot to right side, left foot in place  
3&4                      Right foot forward, left foot to left side, right foot in place  
5-6-7-8                  Left foot forward, right foot next to left, left foot rear, right foot next to left foot

## TAG

1&2-3-4                  Left foot to left side, right foot next to left, left foot in place, right foot to right side, left foot next to right, right foot in place ½ turn left

**FINALE**

**On count 56, don't turn left. Just point right foot to right side**

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