

Hearts In Time

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kevin Smith (AUS) & Maria Smith (AUS)
音乐: Their Hearts Are Dancing - The Forester Sisters



FULL TURN FORWARD, STEP FORWARD, STEP FORWARD, ½ PIVOT TURN

1-5 Full turn forward left stepping left-right-left, step forward right, step forward left
6 Pivot ½ turn right (weight on right)

FULL TURN FORWARD, WALTZ FORWARD

1-3 Full turn forward left stepping left-right-left
4-6 Waltz forward right-left-right

FULL TURN BACK, WALTZ BACK

1-3 Full turn back left stepping left-right-left

Restart goes here

4-6 Waltz back right-left-right

FORWARD ROCK STEP BACK TOGETHER, FORWARD ROCK STEP BACK TOGETHER

1-3 Rock forward on left, step back on right, step left next to right
4-6 Rock forward on right, step back on left, step right next to left

ROCK ½ TURN, CROSS ½ TURN

1-3 Rock to left on left, return weight to right, ½ turn to left step left to side
4-6 Cross right over left, step left to side, ½ turn right step right to side

ROCK FORWARD, STEP BACK, TOGETHER, ROCK FORWARD, ½ TURN RIGHT

1-3 Rock forward left, step back right, step left next to right
4-6 Rock forward on right, step back on left, ½ turn right step forward right

ROCK ½ TURN, CROSS ½ TURN

1-3 Rock to left side on left, return weight to right, ½ turn left step left to side
4-6 Cross right over left, step left to side, ½ turn right step right to side

ROCK FORWARD, ½ TURN, ROCK FORWARD, ¼ TURN

1-3 Rock forward on left, rock back on right, ½ turn left step left forward
4-6 Rock forward right, rock back left, ¼ turn right step right to side

REPEAT

RESTART

A restart occurs after the third wall, dance first 15 counts of dance, step back on right, ½ turn to left on left, step right next to left, restart dance fourth wall.
