

# Holding On

拍数: 64      墙数: 2      级数:  
编舞者: Cherine Stiller (AUS)  
音乐: I'm Holdin' On to Love (To Save My Life) - Shania Twain



- 1-2      Rock/step left to left, rock/step right to right & slightly forward  
3-4      Step left across in front of right, hold  
5-6      Rock/step right to right, rock/step left to left & slightly forward  
7-8      Step right across in front of left, hold
- 1-2      Rock/step left to left, rock/step right to right & slightly forward  
3-4      Step left across in front of right, hold  
5-6      Rock/step right to right, rock/step left to left & slightly forward  
7-8      Touch right next to left, hold
- 1      Touch right heel forward at 45 degrees  
&2      Step right next to left & touch left heel forward while turning 45 degrees right  
&3      Step left next to right & touch right heel forward while turning 45 degrees right  
4      Hold & clap  
&5      Step right next to left & touch left heel forward  
&6      Step left next to right & touch right heel forward while turning 45 degrees right  
&7      Step right next to left & touch left heel forward while turning 45 degrees right  
8      Hold & clap
- 1-4      Step left forward, tap right toe back, step right back, kick left forward  
5-8      Step left back, step right next to left, step left forward, hold
- 1-4      Step forward right-left-right, hold  
5-6      Pivot turn  $\frac{1}{4}$  turn left on ball of both feet, hold  
7-8      Pivot turn  $\frac{1}{4}$  turn right on ball of both feet, hold
- 1-4      Step forward left-right-left, hold  
5-6      Pivot turn  $\frac{1}{4}$  turn right on ball of both feet, hold  
7-8      Pivot turn  $\frac{1}{4}$  turn left on ball of both feet, hold
- 1-4      Kick left forward, step left back, kick right forward, step right back  
5-8      Step left back, step right next to left, step left forward, hold
- 1-2      Pivot turn  $\frac{1}{2}$  turn right, hold  
3&4      Shuffle forward left-right-left  
5-6      Step right forward, pivot turn  $\frac{1}{2}$  turn left  
7&8      Shuffle forward right-left-right

**REPEAT**