

# Holdin' On

COPPER KNOB  
STEPPERS

拍数: 66      墙数: 4      级数:  
编舞者: Lisa Thunstrom (AUS)  
音乐: Unknown



- 1&2      Right kick-ball-change  
3-4      Stomp right forward, clap  
5-6      Stomp left on spot turning  $\frac{1}{4}$  to the left, clap  
7-8      Stomp right together, clap
- 9&10      Step right to side, step left together, step right to side  
&11-12      Step left together, step right to side, hinge  $\frac{1}{2}$  to the left on ball off right stepping left to side  
13-14      Recover onto right, rock left behind right  
15-16      Recover onto right, step left to side
- 17-18      Bump hips left, right  
19-20      Bump hips left, right  
21&22      Left sailor step crossing left behind right, step right next left, step left back to center  
23-24      Step right across left, pivot  $\frac{3}{4}$  to the left
- 25&26      Shuffle forward right, left, right  
27&28      Shuffle forward left, right, left  
29-30      Right Monterey turn touching right toe to side, pivot  $\frac{1}{2}$  to the right on ball of left dragging right together  
31-32      Touch left toe to side, step left together
- 33-34      Step forward diagonally right on right, bring left together & clap  
35-36      Step back diagonally left on left, bring right together and clap  
37-38      Turning  $\frac{1}{4}$  to the right step forward diagonally right on right, step left together & clap  
39-40      Step back diagonally left on left, step right together & clap
- 41&42      Right kick-ball-change  
43&44      Right kick-ball-change  
&45      Left heel-jack jumping back on right diagonally right, place left heel forward diagonally left  
&46      Jump forward on left, step right together  
47-48      Step left toe to side, bring heel down
- 49-50      Step right toe together, bring heel down  
51-52      Step left toe to side, bring heel down  
53-54      Step right toe on spot, bring heel down  
55-56      Step left toe together, bring heel down
- 57-58      Stomp right next to left, stomp left next to right  
59-60      Jump feet apart, jump right across left & left behind right  
61-62      Unwind  $\frac{1}{2}$  to the left, jump forward slightly landing on both feet but taking weight on left  
63-64      Kick right diagonally across in front of left, hinge knee up (or double kick)
- &65-66      Stomp back slightly on right, stomp left slightly forward, hold

## REPEAT

There is a break in the song at count 57. At that point stomp right on the spot & then hold until the music

restarts & continue dance with jump apart & across leaving out second stomp

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