

# Hold'n On

COPPER KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Joel Burr (AUS)  
音乐: I'm Holdin' On to Love (To Save My Life) - Shania Twain



- 1-2      Point right toe to right side, hold  
&      Close right foot next to left  
3-4      Point left to left side & hold  
&5      Close left foot next to right, point right foot to right side  
&6      Close right foot next to left, point left foot to left side  
&7      Close left foot to right, point right to right side  
8      Touch right foot next to left
- 9&10      Kick right foot forward, step down on ball of right foot, change weight onto right, back onto left  
11&12      Kick right foot forward, step down on right foot, touch left next to right  
13-14      Bump hips left right  
15&16      Bump hips left right left
- 17&18      Step right foot forward, close left foot up to right, step right foot forward  
19-20      Step left foot forward, rock weight onto left, back onto right  
21&22      Step back left, close right next to left, step back left  
23-24      Step half turn right, with right foot close left up to right
- 25-28      Step left foot to left side, step right foot behind left, step left to left, making  $\frac{1}{4}$  turn left close with right  
29-32      Point right toe to right side, close right foot next to left, at same time  $\frac{1}{2}$  turn right, point left foot to left, close left up to right

**REPEAT**

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