

Hold The Wrangler

COPPER KNOB
STEPSHEETS

拍数: 38 墙数: 4 级数: Intermediate
编舞者: Simon Whincup (UK)
音乐: I'm Holdin' On to Love (To Save My Life) - Shania Twain



KICK, KICK, SAILOR STEP (TWICE)

1 Kick right foot forward
2 Kick right foot to the right side
3&4 Right sailor step (behind, together, forward)
5 Kick left foot forward
6 Kick left foot to the left side
7&8 Left sailor step (behind, together, forward)

CROSS, UNWIND, KICK BALL TOUCH

9 Cross right behind left foot
10 Unwind ½ turn over right shoulder
11 Kick left foot forward
&12 Step left beside right (change weight on ball of right foot), touch left toe side of right foot

TOUCH SIDE, HOLD (TWICE)

13-14 Touch right foot to right side, then hold for a beat
& Bring right together side of left
15-16 Touch left foot to left side, then hold for a beat
& Bring left foot together side of right

KICK BALL CHANGE (TWICE)

17&18 Right kick ball change (kick right forward, change weight on ball of left foot & step right side of left)
19&20 Repeat 17&18

SHUFFLE, STEP ½ TURN, SHUFFLE, STEP ¼ TURN.

21-23 Step right forward, close left up side of right, step right forward
24-25 Step left forward, ½ turn pivot over right shoulder
26-28 Step left forward, close right up side of left, step left forward
29-30 Step right forward, ¼ turn pivot left

BACK SAILOR SHUFFLES (TWICE), CROSS UNWIND.

31&32 Back right sailor shuffle
33&34 Back left sailor shuffle
35 Cross right behind left
36 Unwind full turn over right shoulder (ending with weight on left foot)

RIGHT KICK BALL TOUCH

37 Kick right forward
& Step right beside left (changing weight on ball of left foot)
38 Touch right toe next to left foot

REPEAT
