

Hold On Tight!

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
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音乐: Play It Loud - Chris Cagle



RIGHT KICK, CROSS, TOUCH; LEFT KICK, CROSS TOUCH; CROSS, UNWIND; HIP BUMPS

1&2 Kick right foot forward, cross right over left, touch left out to left side
3&4 Kick left foot forward, cross left over right, touch right out to right side
5-6 Cross right over left; unwind $\frac{1}{2}$ turn to left
7&8 Bump hips, left, right, left

RIGHT VINE; LEFT SAILOR STEP; RIGHT SAILOR STEP WITH $\frac{1}{4}$ TURN TO RIGHT

1-2 Step right to right side; cross left behind right
3-4 Step right to right side; touch left next to right
5&6 Left sailor step
7&8 Right sailor step turning $\frac{1}{4}$ turn to right

LEFT SHUFFLE FORWARD; RIGHT $\frac{1}{2}$ TURN; RIGHT $\frac{1}{2}$ TURN SHUFFLE, LEFT $\frac{1}{2}$ TURN SHUFFLE

1&2 Left shuffle forward
3-4 Step forward on right; pivot $\frac{1}{2}$ turn to left
5&6 Right $\frac{1}{2}$ turn shuffle (turning to left)
7&8 Left $\frac{1}{2}$ turn shuffle (turning to left)

RIGHT ROCK STEP; STEP BACK & CLAP; RIGHT BODY ROLL; LEFT BODY ROLL

1-2 Rock forward on right; recover weight back onto left
&3-4 Step back right; step left next to right (shoulder width apart); clap
5-6 Right side body roll
7-8 Left side body roll

REPEAT
