

Hold On Tight

拍数: 68 墙数: 4 级数: Intermediate
编舞者: Geri Morrison (UK)
音乐: Hold On Tight - Electric Light Orchestra



SIDE TOGETHER STEP FORWARD HOLD, STEP FORWARD PIVOT ½ TURN, STEP FORWARD HOLD

1-2 Step right to right side, bring left beside right
3-4 Step forward right, hold
5-6 Step left forward, pivot ½ turn right (weight on right)
7-8 Step left forward, hold

FORWARD TOUCH, STEP BACK ½ TURN, STEP FORWARD TOUCH, STEP BACK ½ TURN, STEP FORWARD

1-2 Step forward on right, touch left toe behind right
3-4 Step back on left, turn ½ right stepping forward on right
5-6 Step forward on left, touch right toe behind left
7-8 Step back on right, turn ½ left stepping forward left

SHUFFLE FORWARD, SIDE ROCK TWICE

1&2 Shuffle forward right, left, right
3-4 Rock left to left side, recover weight on right
5&6 Shuffle forward left, right, left
7-8 Rock right to right, recover weight on left

CROSS RIGHT STEP BACK, ¼ TURN SIDE CROSS, ROCK SIDE CROSS HOLD

1-2 Cross right over left, step back on left
3-4 Step right to right side turning ¼ right, cross left over right
5-6 Rock right to right side, recover weight on left
7-8 Cross right over left, hold, (traveling slightly forward on 5-8)

SIDE ROCK CROSS HOLD, SWAY RIGHT LEFT, SWAY RIGHT LEFT ¼ TURN

1-2 Rock left to left side, recover weight on right
3-4 Cross left over right, hold, (traveling slightly forward on 1-4)
5-6 Step right to right side swaying right, recover weight left swaying left
7-8 Step right to right side ¼ turn left swaying right, recover weight swaying left

CROSS SHUFFLE RIGHT, STEP LEFT, HOLD, ½ HINGE TURN RIGHT, HOLD, CROSS UNWIND ½ TURN RIGHT

1&2 Cross right over left, step left to left, cross right over left
3-4 Step left to left side, hold, (click fingers)
5-6 Hinge ½ turn right stepping on right, hold, (click fingers)
7-8 Cross left over right, unwind ½ turn right weight on right

CROSS SHUFFLE LEFT, STEP RIGHT, HOLD, ½ HINGE TURN LEFT, HOLD, UNWIND ¾ TURN LEFT

1&2 Cross left over right, step right to right side, cross left over right
3-4 Step right to right side, hold, (click fingers)
5-6 Hinge ½ turn left stepping left to left side, hold (click fingers)
7-8 Cross right over left, unwind ¾ turn left, (weight on right)

COASTER STEP, WALK RIGHT LEFT, BRUSH HITCH & STEP BACK, HOLD

1&2 (Coaster step) step back on left, step right beside left, step left forward
3-4 Walk forward right, left

5-6 Brush right forward, hitch right knee
&7-8 Step back on right, then left, (feet slightly apart) hold

MONTEREY TURN

1-2 Point right toe to right side, step right beside left
3-4 Turn ½ right pointing left toe to left side, step left beside right, (facing 9:00)

REPEAT

RESTART

On wall 3 dance to count 40 (¼ turn sway right left) (facing 12:00). Then start dance from count 1

TAG

On wall 5 dance to count 40 (¼ turn sway right left) (facing 3:00)

MONTEREY TURN, POINT, TOUCH

1-2 Point right toe to right side, step right beside left
3-4 Turn ½ right pointing left toe to left side, step left beside right
5-6 Point right to right side, touch right beside left
Then start the dance from count 1
