

# Hold On

拍数: 48      墙数: 4      级数: Intermediate waltz  
编舞者: Lisa Ferguson (UK)  
音乐: Hold On to Our Love - James Fox



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## STEP LEFT DIAGONAL, KICK RIGHT, HOLD, STEP BACK ON RIGHT DIAGONAL, TOUCH LEFT, HOLD

1-3      Step left forward on left diagonal, kick right foot forward, hold  
4-6      Step right back on right diagonal, touch left beside right, hold

## STEP LEFT DIAGONAL, KICK RIGHT, SWING RIGHT ¼ TURN LEFT MAKING ¼ TURN LEFT ON LEFT, CROSS, SIDE, BEHIND

1-3      Step left forward on left diagonal, kick right foot forward, swing right foot round making ¼ turn left on left  
4-6      Cross right over left, step left to left side, cross right behind left

## STEP LEFT TO LEFT, DRAG RIGHT, FULL TURN TO RIGHT SIDE

1-3      Step left to left side, drag right beside left over two counts  
4-6      Make full turn to right side stepping right, left, right

## CROSS LEFT, POINT RIGHT, HOLD, CROSS RIGHT, POINT LEFT, HOLD

1-3      Cross left over right, point right, hold  
4-6      Cross right over left, point left, hold

## LEFT TWINKLE WITH ¼ TURN RIGHT, SLOW SAILOR STEP

1-3      Cross left over right, step right ¼ turn left, step left to left side  
4-6      Cross right behind left, step left side, step right to right side

## LEFT TWINKLE, RIGHT TWINKLE

1-3      Cross left over right, step right to right side, step left to left side  
4-6      Cross right over left, step left to left side, step right to right side

## CROSS, SIDE, BEHIND, ¼ TURN RIGHT, ½ TURN RIGHT, STEP FORWARD RIGHT

1-3      Cross left over right, step right to right side, cross left behind right  
4-6      Step right ¼ turn right, make ½ turn right stepping forward left, step forward on right

## ½ TURN LEFT, STEP FORWARD RIGHT, LEFT, BASIC WALTZ STEP BACK

1-3      Make ½ turn left stepping forward left, step right beside left, step left beside right  
4-6      Step back on right, step left beside right, step forward right

REPEAT

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