

# Hoist 'em Up

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Tony Wilson (USA) & Lana Harvey (USA)  
音乐: Leaving Of Liverpool - The Showband Show



## SAILOR STEPS, ½ PIVOTS

1&2      Step right behind left, step left to left side, step right next to left  
3&4      Step left behind right, step right to right side, step left next to right  
5-6      Step right forward, pivot ½ left on ball of left weight ending on left  
7-8      Step right forward, pivot ½ left on ball of left weight ending on left

## STOMP, CLAP, STOMP, CLAP, HEEL, TOE, SHUFFLE FORWARD

1-2      Stomp right forward, hold and clap  
3-4      Stomp left forward, hold and clap  
5-6      Touch right heel forward, touch right toe back  
7-8      Shuffle forward right-left-right

## ¼ PIVOT, CROSS SHUFFLE, ¼ TURN LEFT, FORWARD LOCK STEP

1-2      Step forward on left, pivot ¼ right on ball of right weight ending on right  
3&4      Cross step left over right, step right slightly to right, cross step left over right  
5      Pivoting ¼ left on ball of left, step right back  
6      Rock back on left (you are now facing wall 1 with body angled left)  
7&8      Step right forward, lock left behind right, step right forward

## HEEL, TOE ½ TURN LEFT, SHUFFLE FORWARD, STOMP, CLAP, STOMP, CLAP

1-2      Touch left heel forward, touch left toe back  
&      Pivot ½ left on ball of right  
3&4      Shuffle forward left-right-left  
5-6      Stomp right forward, hold and clap  
7-8      Stomp left forward, hold and clap

## REPEAT

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