

# The Hitchin' Post (P)

**COPPER** **KNOB**  
STEPSHEETS

拍数: 40  
编舞者: Linda B. Woodworth (USA)  
音乐: Unknown

墙数: 0

级数: Partner



**Position:** Done in a circle. Man on the inside & lady on the outside of the circle both facing LOD. Man holds right hand out (thumb up), lady places left hand on top of man's right hand. Both have slight pressure to each other at elbows.

- 1-4           **MAN:** Step back left-right-left, hitch right.  
              **LADY:** Step back right-left-right, hitch left.
- 5-6           **MAN:** Step forward right, hook left behind right (bend knees & change weight to left).  
              **LADY:** Step forward left, hook right behind left (bend knees & change weight to right).
- 7-8           **MAN:** Step forward right, touch left to lady's right.  
              **LADY:** Step forward left, touch right to man's left.
- 9-12           **MAN:** Drop hands & grapevine left, hitch right & clap.  
              **LADY:** Drop hands & grapevine right, hitch left & clap.
- 13-16           **MAN:** Step right-left-right turning  $1\frac{1}{4}$  to the right, touch left.  
              **LADY:** Step left-right-left turning  $1\frac{1}{4}$  to the left, touch right.
- 17-18           **MAN:** Rejoin hands, step left & turn  $\frac{1}{4}$  to the left, hitch right.  
              **LADY:** Rejoin hands, step right & turn  $\frac{1}{4}$  to the right, hitch left.
- 19-20           **MAN:** Step down on right, touch left behind.  
              **LADY:** Step down on left, touch right behind.
- 21-24           **MAN:** Step forward left, hitch right, step forward right, touch left behind.  
              **LADY:** Step forward right, hitch left, step forward left, touch right behind.
- 25-28           **MAN:** Step back left-right-left, hitch right.  
              **LADY:** Step back right-left-right, hitch left.
- 29-30           **MAN:** Step forward right, touch left behind to lady's right.  
              **LADY:** Step forward left, touch right behind to man's left.
- 31-32           **MAN:** Step forward left, hitch right.  
              **LADY:** Step forward right, hitch left.
- 33-36           **MAN:** Drop hands & step forward right-left-right, hitch left.  
              **LADY:** Drop hands & step backward left-right-left, hitch right.
- 37-40           **MAN:** Step forward left, hitch right, step forward right, hitch left (pass & tip hat to lady #1 & begin again with 2nd lady as new partner).  
              **LADY:** Step backward right, hitch left, step backward left, hitch right (skip man #1 & begin again with 2nd man as new partner).

**REPEAT**