# The Hitch Hiker



编舞者: Unknown

音乐: I Heard It Through the Grapevine - Marvin Gaye



#### HITCH TO THE RIGHT, HITCH TO THE LEFT

1-2 With right thumb, hitch-hike twice to the right side3-4 With left thumb, hitch-hike twice to the left side

# WASH TO THE RIGHT, WASH TO THE LEFT

5-6 With palm of right hand, wash windows twice to the right side

7-8 With palm of left hand, wash twice to the left side

#### RINSE TO THE RIGHT, RINSE TO THE FRONT

9-10 Bend at the waist & roll hands twice on the right side

11-12 Roll hands twice in front

#### RINSE TO THE LEFT, RINSE TO THE FRONT

13-14 Roll hands twice to the left side

15-16 Roll hands twice in front

#### CHECK LEFT, CHECK RIGHT

17 Stand up and place right hand on left front pocket

18 Place left hand on right front pocket

# CHECK RIGHT, CHECK LEFT

19 Place right hand on right back pocket20 Place left hand on left back pocket

# WHOOP, WHOOP

21-22 With both hands, reach up and do two air chin-ups, "whoop, whoop"

#### **TURN AND CLAP**

Turn (jump in the air and turn) ¼ turn to the right

24 Clap hands together

### **REPEAT**