

Hit The Road Jack!

拍数: 0 墙数: 0 级数:
编舞者: Alan Birchall (UK)
音乐: Hit The Road Jack - Ray Charles



Sequence: (Ray Charles version) AB, AB, CA, A (counts 1-16). (Weather Girls version) AB, AB, CA, BAA, A (counts 1-24)

SECTION A

TOE STRUTS BACK, RIGHT COASTER STEP, HEEL STRUTS FORWARD, ROCK & CROSS

- 1& Step right toe back, snap heel to floor
- 2& Step left toe back, snap heel to floor
- 3&4 Step back on right, step left by right, step forward on right
- 5& Step left heel forward, snap toe to floor
- 6& Step right heel forward, snap toe to floor
- 7&8 Rock left to left, recover on right, cross left over right

See note - step 23&24

TOE STRUTS BACK, RIGHT COASTER STEP, STEP, ½ PIVOT, FULL TRIPLE TURN RIGHT

- 9& Step right toe back, snap heel to floor
- 10& Step left toe back, snap heel to floor
- 11&12 Step back on right, step left by right, step forward on right
- 13-14 Step forward on left, ½ pivot right (facing 6:00)
- 15&16 Make full triple turn right stepping left, right, left (facing 6:00 & weight is on left)

- 17-32 Repeat above you will end up facing your home wall (12:00)

SECTION B

Always danced facing home wall 12:00

SYNCOATED CROSS STEP, ROCK, RECOVER ¼ TURN, STEP, LOCK STEP, STEP, ½ PIVOT, STEP

- 1&2 Step right behind left, step left to left, cross right over left
- 3&4 Rock left to left, recover on right making ¼ turn right, step forward on left (facing 3:00)
- 5&6 Step forward on right, lock left behind right, step forward on right
- 7&8 Step forward on left, make ½ pivot right, step forward on left (facing 9:00)

RIGHT & LEFT CROSS TOE STRUTS, CROSS, HOLD, UNWIND

- 9& Cross right toe over left, snap heel to floor
- 10& Step left toe to left, snap heel to floor
- 11& Cross right over left, hold
- 12 Unwind ¾ turn left, hold (facing 12:00 & weight is on left)

CHARLESTON STEPS

- 13-14 Touch right toe forward, step back on right
- 15-16 Touch left toe back, step forward on left

SECTION C

RIGHT STEP LOCK STEP, SCUFF, LEFT STEP LOCK STEP STEP, ½ PIVOT, STEP, CLAP TWICE

- 1&2 Step forward on right, lock left behind right, step forward on right
- & Scuff left past right
- 3&4 Step forward on left, lock right behind left, step forward on left
- 5&6 Step forward on right, make ½ pivot left, step forward on right (facing 6:00)
- & Clap

7&8 Step forward on left, make $\frac{1}{2}$ pivot right, step forward on left (facing 12:00)

& Clap

On Ray Charles version to finish the dance facing home wall change the full triple turn into a $1\frac{1}{2}$ turn right.

On Weather Girl's version to finish facing home wall you will be on steps 23&24. Simply unwind.
