

# Hit Me Up

**COPPER** KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Intermediate  
编舞者: Terri Alexander (USA)  
音乐: Hit Me Up - Gia Farrell



## ROCK FORWARD, RECOVER, FULL TURN, BACK ROCK STEP, KICK BALL CROSS, UNWIND $\frac{3}{4}$

1-2                      Rock right forward, recover weight to left  
3-4                      Turn right  $\frac{1}{2}$  stepping right forward, turn right  $\frac{1}{2}$  stepping left back  
5&6                      Rock back on right, recover weight to left, kick right diagonally forward right  
&7-8                      Step on ball of right beside left, cross left over right, unwind  $\frac{3}{4}$  turn to right (9:00)

## RIGHT STEP LOCK STEP FORWARD, ROCK FORWARD, RECOVER, $\frac{1}{2}$ TURN, STEP, $\frac{3}{4}$ SAILOR

1&2                      Step right forward, lock left behind right, step right forward  
3-4                      Rock left forward, recover weight to right  
5-6                      Turn left  $\frac{1}{2}$  stepping left forward, step right forward  
7&8                       $\frac{3}{4}$  sailor turning left - step left behind right turning  $\frac{1}{4}$ , step right to right turning  $\frac{1}{4}$ , turn  $\frac{1}{4}$  stepping left forward (6:00)

## STEP RIGHT, STEP LEFT BEHIND RIGHT, BALL CROSS, BALL CROSS, POINT HITCH POINT, SAILOR $\frac{1}{2}$ TURN

1-2                      Step right to right, step left behind right  
&3&4                      Step on ball of right beside left, cross step left over right, step on ball of right, cross step left over right  
5&6                      Point right to right side, hitch right, point right to right side  
7&8                      Sailor turning  $\frac{1}{2}$  to right (12:00)

## STEP LEFT, BRUSH HITCH TURN, ROCK, RECOVER, WALK RIGHT, LEFT, PIVOT $\frac{3}{4}$ , LEFT COASTER

1&2                      Step left diagonally forward, brush right forward into hitch, turn  $\frac{1}{4}$  to right (3:00)  
3&4                      Rock right back, recover weight to left, step right forward  
5-6                      Step left forward, pivot  $\frac{3}{4}$  turn right stepping weight to right (12:00)  
7&8                      Left coaster - step left back, step right beside left, step left forward

## VAUDEVILLE(CROSS BALL HEEL BALL CROSS BALL HEEL), STEP IN, TOUCH, STEP BACK, TOUCH, BUMPS

1&2                      Cross step right over left, step diagonally back on left, touch right heel diagonally forward right  
&3&4                      Step on ball of right beside left, cross step left over right, step diagonally back on right, touch left heel diagonally forward left  
&5&6                      Step left to center, touch right beside left, step right diagonally back right, touch left diagonally forward  
7&8                      Bump hips forward, back, forward (weight ends forward on left) (10:30)

## WEIGHT BACK (HEAD TURN), STEP FORWARD, TURN $\frac{1}{2}$ , LEFT COASTER, $\frac{1}{8}$ TURN, $\frac{1}{2}$ HINGE, SLIDE

1-2                      Still on diagonal direction: shift weight back to right (look over right shoulder), step forward left (10:30)  
3                          Turn  $\frac{1}{2}$  turn stepping right back (facing 4:30)  
4&5                      Left coaster- step left back, step right beside left, step left forward  
6-7                      Turn  $\frac{1}{8}$  left stepping right to right side (straightening to the 3:00 wall), hinge turn  $\frac{1}{2}$  left stepping left to left side  
8                          Slide left foot beside right (9:00)

**REPEAT**

