

# Hit Me Up

**COPPER** **NOB**  
BY STEPHENETS

拍数: 48      墙数: 2      级数: Intermediate  
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音乐: Hit Me Up - Gia Farrell



## SLIP STEP-KNEE ROLL, SLIP STEP-KNEE ROLL, SIDE ROCK & CROSS, ¾ RIGHT TRIPLE STEP

- 1&2      Lunge right foot to right side while left toe slips out to left side (all on count 1), drag left toe in next to right (& count), roll left knee out to left while stepping down on left heel
- 3&4      Lunge right foot to right side while left toe slips out to left side (all on count 3), drag left toe in next to right (& count), roll left knee out to left while stepping down on left heel
- 5&6      Rock right foot to right side, recover weight back to left foot, cross right foot over left
- 7&8      Pivot ¼ right stepping back on left foot (3:00), pivot ½ right (9:00) stepping forward on right, step forward on left foot

## MAMBO FORWARD, MAMBO BACK, STEP-QUARTER-CROSS, STEP SIDE, ½ RIGHT STEP SIDE

- 1&2      Step forward on right foot, step left foot in place, step together on right foot
- 3&4      Step back on left foot, step right foot in place, step together on left foot
- 5&6      Step forward on right foot, pivot ¼ left (6:00) stepping onto left foot, cross right foot over left
- 7      Step left foot to left side prepping to turn right
- 8      Complete a ½ turn right (12:00) stepping the right foot to right side

**Restart here, once, on 7th wall (4th time starting on front wall)**

## BALL CROSS, HOLD, ROCK-RECOVER-CROSS, ¾ RIGHT MONTEREY, ½ RIGHT- ½ RIGHT-PRESS

- &1-2      Bring left foot next to right, cross right foot over left, hold on count 2
- 3&4      Rock left foot to left side, recover weight back to right foot, cross left foot over right
- 5-6      Touch right toe to right, pivot ¾ right (9:00) while on left foot stepping right foot forward
- 7&8      Continue turning ½ right (3:00) stepping left foot next to right, continue turning ½ right (9:00), stepping right foot in place, press forward on ball of left foot (weight is on both feet)

### Easier option:

- 7&8-      Step forward on left, step together right, press forward on left

## TAP-TAP-KICK, COASTER-CROSS, ROCK SIDE, ¼ PIVOT LEFT, STEP-TUCK-½ LEFT KNEE ROLL

- 1&2      Tap left heel down 2 times, then low kick left foot forward
- 3&4      Step back on left foot, step right foot to the right side, cross left foot over right
- 5-6      Side rock to right side, turn ¼ left (6:00) recovering weight on left foot
- 7&8      Step forward on right foot, bring left knee in next to right (& count), pivot ½ left (12:00) keeping the weight on the right foot as you roll the left knee out (keeping the left toe on the floor and the heel up)

## ½ LEFT-½ LEFT-KNEE ROLL, SWEEP BEHIND-SIDE-CROSS, BALL CROSS, HOLD, BALL- ¼ LEFT STEP-POINT

- 1&2      Turn ½ left (6:00) stepping in place on ball of left foot, pivot ½ left (12:00) stepping back on right foot, roll the left knee out (keeping the left toe on floor and heel up)
- 3&4      Sweep the left foot behind and step right, step right foot to the right side, cross left over right foot
- &5-6      Step on right foot to the right side, cross the left foot over the right, hold for count 6
- 7&8      Step forward on right foot, turning ¼ left (9:00) step together on left foot, point right toe to right

## CROSS-TOGETHER-PUSH, BEHIND-SIDE-FORWARD, ¼ LEFT POINT, AND POINT, AND CROSS, FULL TURN UNWIND

- 1&2      Cross step right foot over left, turn to face right diagonal (10:30) stepping together on left foot, push arms forward and with knees locked push tush back prepping weight onto right foot

- 3&4 Step left foot behind right, step right foot to right side squaring off to side wall (9:00), step forward on left foot
- 5&6 Turn  $\frac{1}{4}$  left pointing right toe to right, step together on right foot, point left toe to left
- &7-8 Step together on left foot, cross right over left, unwind one full turn left ending with weight on left

**REPEAT**

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