

# Hips Bump Shuffle

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Louis James Sequeira (SG)  
音乐: Wide Boy - Nik Kershaw



## ROCK STEPS, BACK COASTERS

1-2      Rock forward on right, recover on left  
3&4      Back coaster on right (step back on right, step left close to right, step forward on right)  
5-6      Rock forward on left, recover on right  
7&8      Back coaster on left (step back on left, step right close to left, step forward on left)

## HIPS BUMP FORWARD

1&2      Step right forward, bumping hips-forward, back, forward  
3&4      Step forward left, bumping hips- forward, back, forward  
5&6      Step right forward, bumping hips-forward, back, forward  
7&8      Step forward left, bumping hips- forward, back, forward

## FORWARD RIGHT SHUFFLE, FORWARD LEFT SHUFFLE, BACK SHUFFLE RIGHT, BACK SHUFFLE LEFT

1&2      Step right forward, step left behind right, step right forward  
3&4      Step left forward, step right behind left, step left forward  
5&6      Step back right, step left in front of right, step back right  
7&8      Step back left, step right in front of left, step back left

## SIDE TOGETHER, SIDE SHUFFLES RIGHT

1-2      Step right to right, close left beside right  
3&4      Side shuffle right- step right to right, close left beside right, step right to right  
5-6      Rock left behind right, recover weight on right  
&7&8      Turning ¼ left, step left forward, step right behind left, step left forward

## REPEAT

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