拍数： 32
壇数： 4
级数：Improver
编舞者：Knox Rhine（USA）
音乐：Welcome to Hip Hop Country！！－George Lee，Jr．\＆the Crazed Cowboys

## Music is available at http：／／www．cdbaby．com／cgi－local／SoftCart．exe／buy／crazed．htm？E？？or you can contact Paula Bright at paula＠crazedcowboys．com

## CROSS， $1 ⁄ 4$ TURN， $1 ⁄ 4$ TURN，CROSS

1 Step left foot across in front of right leg
2 Pivot $1 / 4$ turn left on ball of left foot，stepping back onto right foot
3 Pivot $1 / 4$ turn left on ball of right foot，stepping to left side with left foot
4
Step right foot across in front of left leg

## $1 / 4$ TURN， $1 / 4$ TURN，CROSS ROCK STEP

$5 \quad$ Pivot $1 / 4$ turn right on ball of right foot，stepping back onto left foot

Rock back onto right foot

## APART，CROSS，APART，CROSS，APART，CROSS，APART

$9 \quad$ Jump moving to left side with feet apart
\＆Jump cross right foot in front of left foot
10 Jump moving to left side with feet apart
\＆Jump crossing right foot behind left foot
11 Jump moving to left side with feet apart
\＆Jump cross right foot in front of left foot
12 Jump moving to left side with feet apart

## ROCK，STEP，OUT－OUT－IN

13 Step back on right foot
14 Rock forward onto left foot
15 Step to right side with right foot
\＆Step to left side with left foot
16 Step／stomp right foot to center

## STEP，LOCK，OUT－OUT－IN

17 Step forward with left foot
18 Step－lock right foot up behind left foot
19 Step to left side with left foot
\＆Step to right side with right foot
20 Step／stomp left foot to center

## STEP，LOCK，OUT－OUT－IN

21 Step forward with right foot
22 Step－lock left foot up behind right foot
23 Step to right side with right foot
\＆Step to left side with left foot
24 Step／stomp right foot to center
ROCK，STEP，TURN－TOGETHER－TURN
25
Step forward with left foot

Rock back onto right foot

TURN-TOGETHER-TURN, TURN, SIDE ROCK
29 Step $1 / 4$ turn left with right foot
Step $1 / 4$ turn left with left foot
Step right foot next to left foot
Step $1 / 4$ turn left with left foot

Step left foot next to right foot
Step $1 / 4$ turn left with right foot
Step $1 / 4$ turn to left side with left foot
Rock weight right onto right foot

REPEAT

