Hip Hop Crazy



编舞者: Knox Rhine (USA)

音乐: Welcome to Hip Hop Country!! - George Lee, Jr. & the Crazed Cowboys



Music is available at http://www.cdbaby.com/cgi-local/SoftCart.exe/buy/crazed.htm?E?? or you can contact Paula Bright at paula@crazedcowboys.com

CROSS, 1/4 TURN, 1/4 TURN, CROSS

1	Step	left foo	t across i	n front	t of right	leg
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- 2 Pivot ¼ turn left on ball of left foot, stepping back onto right foot
- 3 Pivot ¼ turn left on ball of right foot, stepping to left side with left foot
- 4 Step right foot across in front of left leg

1/4 TURN, 1/4 TURN, CROSS ROCK STEP

- 5 Pivot ¼ turn right on ball of right foot, stepping back onto left foot
- 6 Pivot ¼ turn right on ball of left foot, stepping to right side with right foot
- 7 Step left foot forward-right across in front of right leg
- 8 Rock back onto right foot

APART, CROSS, APART, CROSS, APART, CROSS, APART

9	Jump moving to left side with feet apart
&	Jump cross right foot in front of left foot
10	Jump moving to left side with feet apart
&	Jump crossing right foot behind left foot
11	Jump moving to left side with feet apart
&	Jump cross right foot in front of left foot
12	Jump moving to left side with feet apart

ROCK, STEP, OUT-OUT-IN

13	Step back on right foot
14	Rock forward onto left foot
15	Step to right side with right foot
&	Step to left side with left foot
16	Step/stomp right foot to center

STEP, LOCK, OUT-OUT-IN

17	Ctan farward with laft fact
17	Step forward with left foot

18	Step-lock	riaht foot	up be	hind left foo	t

Step to left side with left foot
Step to right side with right foot
Step/stomp left foot to center

STEP, LOCK, OUT-OUT-IN

21	Step	fo	rwa	ard	wit	h	right foot	
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Step-lock left foot up behind right foot
Step to right side with right foot
Step to left side with left foot
Step/stomp right foot to center

ROCK, STEP, TURN-TOGETHER-TURN

25 Step forward with left foot

26	Rock back onto right foot
27	Step ¼ turn left with left foot
&	Step right foot next to left foot
28	Step 1/4 turn left with left foot

TURN-TOGETHER-TURN, TURN, SIDE ROCK

29	Step ¼ turn left with right foot
&	Step left foot next to right foot
30	Step ¼ turn left with right foot
31	Step 1/4 turn to left side with left foot
32	Rock weight right onto right foot

REPEAT