Нір Нор

COPPER KNOB

拍数: 44

级数:

编舞者: Gemma Lienert & Mikaela Gale

音乐: That Don't Impress Me Much - Shania Twain

墙数: 0



The choreographers were ages 11 and 12 when this dance was written

JUMP, SLAP, APPLEJACKS, KICK BALL CHANGES TWICE

- 1-2 Jump forward on both feet, slap hands on thighs
- &3&4 Applejack left, applejack right
- 5&6 Right kick ball change
- 7&8 Right kick ball change

FULL TURN, 2 LINDY LOU'S, MONTEREY TURN

- 1-2 Step forward on right turning full turn left (left to right)
- &3 Jump right foot out to right side, jump left foot out to left side
- &4 Jump right foot to center, jump left foot to center
- 5-6 Point right foot to right side, pivoting ½ turn right bringing right next to left
- 7-8 Point left to left side, step left next to right

SCUFF, TURN, STEP, SCUFF, TURN, TOUCH

- 1-2 Scuff right heel forward turning to face 45 degrees right, extending right heel to 45 degrees right
- 3-4 Slap right toes down, step left to right
- 5-6 Scuff left heel forward turning to face 45 degrees left, extending left heel to 45 degrees left
- 7-8 Slap left toes down, touch right to left. (keep weight on left)

STEP, TURN, HOPS TWICE, SIDE SHUFFLE TWICE

- 1 Step forward on right still facing 45 degrees left
- 2 Turn ¼ plus 1/8 right hitching left leg
- 3-4 Hop forward on right foot twice
- 5&6 Step to left side on left foot, bring right to left, step to left side on left foot

FOUR BACKWARDS HEEL JACKS, HINGE TURNS TWICE

- &1 Jump back on right foot, extending left heel out in front
- &2 Jump back on left, step right next to left
- &3 Jump back on left foot, extending right heel out in front
- &4 Jump back on right, step left next to right. (weight on left)
- 5 Place right foot at 45 degrees to left foot
- 6 Pivoting ¹/₂ turn right on ball of right foot stomp left to right
- 7 Place left foot at 45 degrees to right foot
- 8 Pivoting ½ turn left on ball of left foot stomp right to left

LINDY LOU'S TWICE, SAILOR SHUFFLES TWICE

- &1 Jump right foot out to right side, jump left foot out to left side
- &2 Jump right foot to center, jump left foot to center
- 3&4 Step right foot behind left, step left foot to left side, step right foot to center
- 5&6 Step left foot behind right, step right foot to right side, step left foot to center

REPEAT