

# Hip Hop

拍数: 96      墙数: 4      级数: Advanced  
编舞者: Richard Tymko (CAN)  
音乐: Shake the Sugar Tree - Pam Tillis



## CHUGS (8 BEATS)

1-4      Step with left foot 4 times making  $\frac{1}{4}$  turn to right (pivot on ball of right foot)  
5-8      Step with right foot 4 times making  $\frac{1}{4}$  turn to left (pivot on ball of left foot)

## JUMPING JACKS (8 BEATS)

9&10      Jump: feet apart, feet together, feet apart  
&      Jump with  $\frac{1}{2}$  turn right, land feet together  
11&12      Jump: feet apart, feet together, feet apart  
&      Jump with  $\frac{1}{2}$  turn left, land feet together  
13&14      Jump: feet apart, feet together, feet apart  
&      Jump with  $\frac{1}{2}$  turn right, land feet together  
15&16      Jump: feet apart, feet together, feet apart

## CHUGS (4 BEATS)

17-20      Step with right foot 4 times making  $\frac{1}{4}$  turn to left (pivot on ball of left foot)

## KICK-STEP-TURNS X 5 (20 COUNTS)

21&      Kick left foot forward, step back with left  
22&      Step back with right, step together with left  
23&24      Scuff right foot forward with a  $\frac{1}{4}$  turn left; lift right knee, stomp right foot  
25-40      Repeat pattern 4 more times

**You will end up facing original starting wall**

## VAUDEVILLE STEPS (8 COUNTS)

41-42      Step to side with left foot, step behind left leg with right foot,  
&      Step to side with left foot  
43-44      Step to side with right foot, step behind right leg with left foot,  
&      Step to side with right foot  
45-46      Step to side with left foot, step behind left leg with right foot,  
&      Step to side with left foot  
47-48      Step to side with right foot, step to side with left foot

## RUNNING MAN (8 BEATS)

49&      Kick right foot forward, step next to left  
50&      Kick left foot forward, step next to right  
51      Step forward with right foot  
&52      Swivel heels left, return to center  
53&      Kick left foot forward, step next to right  
54&      Kick right foot forward, step next to left  
55      Step forward with left foot  
&56      Swivel heels right, return to center

## JUMP CROSS (4 BEATS)

57-58      Jump with feet apart, jump crossing right leg in front of left leg  
59&60      Jump: feet apart, feet together, feet apart

**HOPS (4 BEATS)**

61-62 Hop to the right, hop to the left,  
63&64 Hop to the right, right, right

**PIGEONS ( 4 BEATS)**

65-66 Jump with toes out, jump with toes in  
67&68 Jump (moving left) toes out, toes in, toes out

**WINDOW WASHER (4 BEATS)**

69-71 Step back with right foot, step back with left foot, step back with right foot  
&72 Swing hands to right and clap

**BASKETBALL TURNS (8 BEATS)**

& Step with left,  
73 Step with right and do  $\frac{1}{2}$  pivot to the left  
74 Step with right and do  $\frac{1}{2}$  pivot to the right  
75 Step with right and do  $\frac{1}{2}$  pivot to the left  
&76 Jump cross left over right, jump & uncross feet  
77 Step with right and do  $\frac{1}{2}$  pivot to the right  
78 Step with right and do  $\frac{1}{2}$  pivot to the left  
79 Step with right and do  $\frac{1}{2}$  pivot to the right  
&80 Jump cross right over left, jump & uncross feet

**BIG STEPS (8 BEATS) (SHAKE SHOULDERS)**

81-82 Step forward with left foot using 2 beats  
83-84 Step together with right foot using 2 beats  
85-86 Step backward with left foot using 2 beats  
87-88 Step together with right foot using 2 beats

**ELECTRIC KICKS (8 BEATS)**

89& Jump back with right foot & kick out with left step back with left,  
90& Step forward with right, step forward with left  
91& Jump back with right foot & kick out with left step back with left,  
92 Step forward with right  
93-94 Walk forward: left, right  
95 Place left next to right with toe pointed left  
&96 Spin 1  $\frac{1}{4}$  turn to the left, step down on right

**REPEAT**

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