

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Larry Bass (USA)
音乐: You Ain't Lonely Yet - Big House



KICK-BALL-TOUCH, KICK-BALL-TOUCH; PADDLE TURN

1&2 Kick right foot forward, step right foot beside left, touch left foot 45 degrees back to left
3&4 Kick left foot forward, & step left foot beside right; touch right toe back 45 degrees to right
& Lift right knee inward
5 Turn 1/8 turn left on ball of left foot while touching right toe to right
& Lift right knee inward
6 Turn 1/8 turn left on ball of left foot while touching right toe to right
& Lift right knee inward
7 Turn 1/8 turn left on ball of left foot while touching right toe to right
& Lift right knee inward
8 Turn 1/8 turn left on ball of left foot while touching right toe to right
5-8 variation: push off right foot slightly while turning 1/8 turn left on ball of left foot

CROSS-BALL-STEP, STEP KICK; SYNCOPATED HOP BACK, HOLD & CLAP, HIP SHAKE

9&10 Cross right foot over left, step left foot in place, step right foot in place
11-12 Step left foot forward; kick right foot forward
&13 Hop slightly back onto right foot, step left foot beside right slightly apart
14 Hold & clap
15&16& Shake hips right, center, right, center

HIP SHAKE, & HIP SHAKE; & SIDE ROCK STEP, CROSSOVER SHUFFLE

17&18 Step right foot to right while shaking hips right, left, right
& Step left foot beside right
19&20 Step right foot to right while shaking hips right, left, right
& Step left foot beside right
21-22 Step right foot to right; rock to left onto left foot
23&24 Cross right foot over left, step left foot slightly left, cross right foot over left

HIP SHAKE, & ¼ TURN SHUFFLE FORWARD, ½ TURN SHUFFLE BACK; COASTER STEP

25&26 Step left foot to left while shaking hips left, right, left
& Step left foot beside right
27&28 Turn ¼ turn left while shuffling forward left, right, left
& Turn ½ turn left
29&30 Shuffle back right, left, right
31&32 Step left foot back, step right foot beside left, step left foot forward

REPEAT
