

Hillbilly Nuts

COPPER KNOB
STEPPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Vicky King
音乐: Little Ramona - BR5-49



SHIMMY, SHAKES, STOMP, STOMP, LIFT AND LOWER HEEL

- 1&2& Bump hips and shoulders right, left, right, left
- 3&4& Bump hips and shoulders right, left, right, left
- 5 Stomp right foot slightly out right side
- 6 Stomp left foot slightly out to left side
- 7 Turn toes slightly inward while rocking up on balls of both feet and bending knees toward each other
- 8 Bring feet back together and back to the floor

STEP, ¼ TURN, STEP, ¼ TURN, STEP, ¼ TURN, STEP, ¼ TURN

- 9 Step right foot forward
- 10 Pivot ¼ turn to the left weight on left (swaying hips as you turn)
- 11 Step right foot forward
- 12 Pivot ¼ turn to the left weight on left (swaying hips as you turn)
- 13 Step right foot forward
- 14 Pivot ¼ turn to the left weight on left (swaying hips as you turn)
- 15 Step right foot forward
- 16 Pivot ¼ turn to the left weight on left (swaying hips as you turn)

You should now be facing starting wall as you complete

SCOOT, SLAP, SCOOT, SLAP, STEP, PIVOT, STEP, ¾ TURN

- 17 Scoot forward on both feet, (feet slightly apart)
- 18 Slap thighs with both hands
- 19 Scoot forward on both feet, (feet slightly apart)
- 20 Slap thighs with both hands
- 21 Step forward on right foot
- 22 Pivot ½ turn to the left transfer weight to left
- 23 Step forward on right foot
- 24 Pivot ¾ turn to the left transfer weight to left

ROCK STEPS FORWARD BACK

- 25 Rock forward on right foot
- 26 Recover back on left foot
- 27 Rock backwards on right foot
- 28 Recover forward on left foot
- 29 Rock forward on right foot
- 30 Recover back on left foot
- 31 Step in place with right foot
- 32 Step left foot next to right foot

REPEAT