

Hillbilly Nuts

COPPER KNOB
BY STEPHEN HETS

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Yavon Gardner
音乐: Little Ramona - BR5-49



WALKING TWISTS, SCUFF, BRUSH, SCUFF, BRUSH, STEP

- 1 Step ball of right foot forward, slightly crossing over left foot, while twisting hips to the right
- & Hold
- 2 Step ball of left foot forward, slightly crossing over right foot, while twisting hips to the right
- & Hold
- 3&4 Continue hip twists while walking forward on balls of feet stepping right, left and right
- 5 Scuff left foot forward
- 6 Brush left foot over top of right foot
- 7 Scuff left foot back over right foot
- & Brush left foot back to home
- 8 Step left

STEP, TOUCH, STEP, TOUCH, ¾ TURN, ROMP, STEP AND 1/8 TURN

- & Step right foot to right side slightly bending right knee
- 9 Touch left toe to left side while straightening right knee
- & Step left foot to left side slightly bending left knee
- 10 Touch right toe to right side while straightening left knee
- & Step right leg behind left and do a ¾ turn to the right
- 11 Touch left ball of left foot next to the instep of right foot
- &12 Step left foot diagonally back then touch right heel to floor diagonally forward
- &13 Step right in original position and touch ball of left foot next to right
- &14 Step left foot diagonally back then touch right heel to floor diagonally forward
- &15 Step right in original position and touch ball of left foot next to right
- &16 Put weight on both feet and pivot 1/8 turn to the left and hold

HIP ROLLS, CROSS TOE-HEEL, SIDE TOE-HEEL

- 17 Step left foot in place while rolling hips to the left
- & Hold
- 18 Step right foot in place while rolling hips to the right
- & Hold
- 19&20 Step left in place and roll hips to left, step right in place and roll hips to right, step left in place and roll hips to the left
- 21 Cross right foot over left stepping on ball of right foot
- 22 Lower right heel
- 23 Step ball of left foot to left side
- 24 Lower left heel

TWISTS, HEEL, HITCH, HEEL, STEP

- 25 Twist right
- 26 Twist left
- 27 Twist right
- 28 Twist left
- 29 Touch left heel forward
- 30 Hitch left knee
- 31 Touch left heel forward
- 32 Step left foot home

TWISTS, SCUFF-JUMP, STEP, HOP-HOP-HOP

- 33 Twist right
- 34 Twist left
- 35 Twist right
- 36 Twist left
- 37 Scuff right heel forward while jumping up
- & Land in place on right foot
- 38 Step left foot in place
- 30&40 Hop to the right with both feet together three times

REPEAT
