

Hillbilly Blues

COPPER KNOB
BY STEPHEN HETS

拍数: 0 墙数: 2 级数: Intermediate/Advanced
编舞者: Lisa Ferguson (UK)
音乐: Hillbilly Shoes - Montgomery Gentry



Sequence: X, X1, X2, X, X1, X2, Y, Z, X, X1, X2, Z, X2, X2. There is a break after fourth repetition of X2, hold during break. When dancing X1 the second and third time repeat steps 45-52& twice

PART X

HEEL DIGS TWICE, CHASSE, LEFT & RIGHT

- 1-2 Dig left heel forward twice
- 3&4 Step left to left side, close right beside left, step left to left side
- 5-6 Dig right heel forward twice
- 7&8 Step right to right side, close left beside right, step right to right side

SCUFF LEFT, STEP, HEEL SWIVELS, MASH POTATO STEPS BACKWARDS

- 9-10 Scuff left, step left with left heel to right instep
- 11&12 Swivel heels, apart, together, apart
- &13 Swivel heels out, in placing right heel to left instep
- &14 Swivel heels out, in placing left heel to right instep
- 15&16 Step back on right, step left beside right, step forward on right

HEEL SWIVELS, ¼ TURN LEFT, BODY ROLL, KNEE POPS, LEFT FULL TURN, CLICK FINGERS

- 17-18 Swivel both heels left, right
- 19&20& Swivel both heels left, swivel both heels to right, swivel both heels left, swivel both heels to right, making ¼ turn left
- 21-22 Roll body, starting with shoulders
- 23-24 Pop right knee in towards left, pop left knee in towards right
- 25-26 Step left ¼ left, on ball of left make ¼ turn left, stepping right to right side
- 27-28 On ball of right make ½ turn left, stepping left to left side, click fingers at shoulder height

RIGHT FULL TURN, CLAP HANDS TWICE, TOE SWITCHES

- 29-30 Step right ¼ right, on ball of right make ¼ turn right, stepping left to left side
- 31-32 On ball of left make ½ turn right, stepping right to right side, clap hands twice at shoulder height
- 33&34 Touch left toe out to left side, step left beside right, touch right toe out to right side
- &35&36 Step right beside left, touch left toe to left, step left beside right, touch right toe to right side, making ¼ turn left

BODY ROLL, KNEE POPS X 6

- 37-38 Roll body, starting with shoulders
- 39-40 Pop right knee in towards left, pop left knee in towards right
- 41-42 Pop right knee in towards left, pop left knee in towards right
- 43-44 Pop right knee in towards left, pop left knee in towards right

PART X1

¼ TURN LEFT, HITCH TWICE, ½ TURN, HITCH TWICE, APPLEJACKS X 4

- 45-46 Make ¼ turn on ball of left, hitch right knee, step right, hitch left knee
- 47&48 Step left making ½ turn right, hitch right knee, step right, hitching left knee
- &49&50 Step left, beside right, swivel both feet to right, with weight on right heel and left toe, bring both feet back to center and swivel to left, with weight on left heel and right toe

51&52& Swivel both feet to right, with weight on right heel and left toe, bring both feet back to center and swivel to left, with weight on left heel and right toe, bring both back to center

REPEAT STEPS 45-52&

53-60& Repeat steps 45-52&

PART X2

MONTEREY ½ TURN, TOE SWITCHES, ROCK, TRIPLE 1 ¼ TURN LEFT

54-55 Touch right toe out to right side, making ½ turn right on ball of left foot stepping right beside left
56-57 Touch left toe out to left side, step left beside right, touch right toe out to right side
58-59 Rock forward on right, rock back on left
60-62 On ball of left, make ½ turn right, stepping forward right, on ball of right make ½ turn left, stepping back left, on ball of left, make ¼ turn right stepping forward right

PART Y

HEEL DIGS TWICE, CHASSE, LEFT & RIGHT

1-2 Dig left heel forward twice
3&4 Step left to left side, close right beside left, step left to left side
5-6 Dig right heel forward twice
7&8 Step right to right side, close left beside right, step right to right side

SCUFF LEFT, STEP, MASH POTATO STEPS BACKWARDS

9-10 Scuff left, step left with left heel to right instep
11&12 Swivel heels, apart, together, apart
&13 Swivel heels out, in placing right heel to left instep
&14 Swivel heels out, in placing left heel to right instep
&15 Swivel heels out, in placing right heel to left instep
&16 Swivel heels out, in placing left heel to right

MASH POTATO STEPS BACKWARDS, RIGHT COASTER STEP, SHUFFLES FORWARD RIGHT & LEFT

&17 Swivel heels out, in placing right heel to left instep
&18 Swivel heels out, in placing left heel to right instep
19&20 Step back on right, step left beside right, step forward on right
21&22 Step forward on left, close right beside left, step forward on left
23&24 Step forward on right, close left beside right, step forward on right

LEFT SHUFFLE FORWARD, TOE SWITCHES, CLAP TWICE, STEP, TOUCH

25&26 Step forward on left, close right beside left, step forward on left
27&28 Touch right toe to right side, step right beside left, touch left toe to left side
&29&30 Step left beside right, touch right toe to right side, clap hands twice
31-32 Step right to right side, touch left toe behind right and click

STEP, TOUCH, REPEAT STEPS 27-34 TWICE

33-34 Step left to left side, touch right toe behind left, click
35-42 Repeat steps 27-34
43-51 Repeat steps 27-34

PART Z

SHUFFLES & ROCKS, RIGHT & LEFT

1&2 Step forward on right, close left beside right, step forward on right
3-4 Rock left to left side, rock weight back onto right
5&6 Step forward on left, close right beside left, step forward on left
7-8 Rock right to right side, rock weight back onto left

SAILOR STEP, RIGHT & LEFT, CROSS BEHIND, UNWIND, CLAP TWICE

- 9&10 Step right behind left, step left to left side, step right beside left
11&12 Step left behind right, step right to right side, step left beside right
13-14 Cross right behind left, unwind $\frac{1}{2}$ over right shoulder
15-16 Clap hands twice
17-32 Repeat steps 1-16
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