

Highland Reggae

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Peter Metelnick (UK)
音乐: The Highland Reggae - Dr MacDoo



Start on chorus after 1st 32 counts of vocals

RIGHT SHUFFLE FORWARD, LEFT SYNCOPATED ROCK STEP WITH $\frac{3}{4}$ TURN LEFT, RIGHT & LEFT SIDE ROCK/CROSS OVER

- 1&2 Step right foot forward, step left foot next to right, step right foot forward
3&4 Rock left foot forward, recover weight on right foot, turn $\frac{1}{2}$ left stepping left foot forward
5&6 Pivot $\frac{1}{4}$ left on left foot and rock right foot to right side completing $\frac{3}{4}$ left turn, recover weight on left foot, cross step right foot over left
7&8 Rock left foot to left side, recover weight on right foot, cross step left foot

RIGHT ROCK FORWARD & RECOVER, RIGHT BACK & LEFT HEEL FORWARD, HOLD & CLAP 2X - REPEAT 2X

- 1-2 Rock right foot forward, recover weight on left foot
&3&4 Step right foot back, touch left heel forward, hold & clap twice
&5-6 Step left foot together, rock right foot forward, recover weight on left foot
&7&8 Step right foot back, touch left heel forward, hold & clap twice

LEFT TOGETHER, RIGHT ROCK FORWARD & RECOVER, $\frac{1}{2}$ RIGHT & RIGHT SHUFFLE FORWARD, 2 $\frac{1}{4}$ LEFT HITCH TURNS, LEFT CROSS ROCK & RECOVER

- &1-2 Step left foot together, rock right foot forward, recover weight on left foot
3&4 Turning $\frac{1}{2}$ right step right foot forward, step left foot together, step right foot forward
&5 Turning $\frac{1}{4}$ right on right foot lift left foot, touch left toes to left
&6 Turning $\frac{1}{4}$ right on right foot lift left foot, touch left toes to left
7&8 Cross rock left foot over right, recover weight on right foot, step left foot to left

RIGHT CROSS ROCK & RECOVER WITH $\frac{1}{4}$ RIGHT, LEFT CROSS ROCK & RECOVER, RIGHT JAZZ BOX WITH $\frac{1}{4}$ RIGHT

- 1&2 Cross rock right foot over left, recover weight on left foot, turning $\frac{1}{4}$ right step right foot to right
3&4 Cross rock left foot over right, recover weight on right foot, step left foot to left
5-6 Cross step right foot over left, step left foot back
7-8 Turning $\frac{1}{4}$ right step right foot to right side, step left foot together

REPEAT
