

# Highland Reggae

COPPER KNOB  
BY SHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Peter Metelnick (UK)  
音乐: The Highland Reggae - Dr MacDoo



Start on chorus after 1st 32 counts of vocals

## RIGHT SHUFFLE FORWARD, LEFT SYNCOPATED ROCK STEP WITH $\frac{3}{4}$ TURN LEFT, RIGHT & LEFT SIDE ROCK/CROSS OVER

- 1&2      Step right foot forward, step left foot next to right, step right foot forward  
3&4      Rock left foot forward, recover weight on right foot, turn  $\frac{1}{2}$  left stepping left foot forward  
5&6      Pivot  $\frac{1}{4}$  left on left foot and rock right foot to right side completing  $\frac{3}{4}$  left turn, recover weight on left foot, cross step right foot over left  
7&8      Rock left foot to left side, recover weight on right foot, cross step left foot

## RIGHT ROCK FORWARD & RECOVER, RIGHT BACK & LEFT HEEL FORWARD, HOLD & CLAP 2X - REPEAT 2X

- 1-2      Rock right foot forward, recover weight on left foot  
&3&4      Step right foot back, touch left heel forward, hold & clap twice  
&5-6      Step left foot together, rock right foot forward, recover weight on left foot  
&7&8      Step right foot back, touch left heel forward, hold & clap twice

## LEFT TOGETHER, RIGHT ROCK FORWARD & RECOVER, $\frac{1}{2}$ RIGHT & RIGHT SHUFFLE FORWARD, 2 $\frac{1}{4}$ LEFT HITCH TURNS, LEFT CROSS ROCK & RECOVER

- &1-2      Step left foot together, rock right foot forward, recover weight on left foot  
3&4      Turning  $\frac{1}{2}$  right step right foot forward, step left foot together, step right foot forward  
&5      Turning  $\frac{1}{4}$  right on right foot lift left foot, touch left toes to left  
&6      Turning  $\frac{1}{4}$  right on right foot lift left foot, touch left toes to left  
7&8      Cross rock left foot over right, recover weight on right foot, step left foot to left

## RIGHT CROSS ROCK & RECOVER WITH $\frac{1}{4}$ RIGHT, LEFT CROSS ROCK & RECOVER, RIGHT JAZZ BOX WITH $\frac{1}{4}$ RIGHT

- 1&2      Cross rock right foot over left, recover weight on left foot, turning  $\frac{1}{4}$  right step right foot to right  
3&4      Cross rock left foot over right, recover weight on right foot, step left foot to left  
5-6      Cross step right foot over left, step left foot back  
7-8      Turning  $\frac{1}{4}$  right step right foot to right side, step left foot together

REPEAT

---